

Cheyenne Mountain Newcomers Club

Vol. 31, Issue 8 , April 2016

Presidents' Message

April will be a busy month for us! You will be electing your new /E-Board, and you will be voting on a proposed bylaw revision to Article IV-Dues, Section C.

Please read the bios for our incoming CMNC E-Board which are included in this newsletter. What an impressive group of women! We are looking forward to dynamic leadership for CMNC 2016-2017.

As for the revised bylaw, we offer the following change: "A prospective member/former member shall be required to pay membership after attending two Club activities".

Your Executive Board has been busy finalizing work on the attractive new website which will become available next year. You and prospective members will find easy access to CMNC, a Welcome page, including current contacts, newsletters and rotating photo's of our activities.

Don't forget to purchase your ticket to the Spring Luncheon: *A Legacy of Elegance* to be held on Wednesday, May 11th at the Mining Exchange Hotel. Tickets are \$30 (which includes free valet parking) and will be sold at the April general meeting.

Please add these two lovely ladies to our Greeter list: Grace Kalay and Ximena Chacon de Leeper who have faithfully welcomed our guests and prospective members.

Our monthly member count is up to 205. The Spring Luncheon is a perfect setting to invite a neighbor/friend to join us and introduce them to CMNC.

It's time to begin planning for next year. We are in need of your help with several vacancies: Publicity Chair, Program Chair & Advertising Chair. Of the three, we need someone to step up quickly to begin serving in June as Advertising Chair. Last year we realized \$3500 from our advertisers which funded our annual directory and budget. The systems are in place and our advertisers have committed to working with us. All we need is one person to kick off the process. Please contact Susan Puryear or Janie Levis for more information.

Co- Presidents

Janie Levis

465-2455

jtlevis1@gmail.com

Susan Puryear

635-6660

suebugrn@gmail.com

Co-Vice Presidents(Me mbership)

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358-9238

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**The CMNC Webpage is available at
www.cmncos.org . The user name is
CMNCC and the password is cmncos09.
For more information contact: Linda
Steckel, Webmaster at
webmastercmnc@gmail.com**

We know you will agree with us that we have had some dynamo Program Chairs this year. We are sorry to announce that Karen Thomas will be relocating this summer and Isabelle Rowsey has taken on a demanding volunteer job. Both will leave a big hole for us as they are not only talented ladies, but also gracious and fun! They certainly paved the way, (with the help of our member survey), to provide us informative and fun programs. Could you step up and fill that space?

See you in April at the general meeting or at one of our fun activities!

Susan and Janie



CMNC General Meeting

PROGRAMS

Chair IsaBelle Rowsey 633-0112
Karen Thomas 757-272-2517

Sustainable Economic Development

The program for our April General Meeting is sure to generate global thinking.

Our guest speaker will be Mr John Dunker speaking on the topic of Sustainability and Economic Development. Now don't let your eyes glaze over! We found his topic to be very interesting and engaging and we think you will agree.

John states that "Sustainability is the one concept that will contribute to making our planet last until the end of mankind. It is an old concept, but refined by today's generations."

Mr Dunker's 47 year business career has primarily been in the food and agriculture industry and is quite notable and impressive. He is regularly a guest lecturer at UCCS and CTU, and now for CMNC!

BECAUSE WE CARE

Chairs: Sherrie Denton 576-0483
sherriedenton@gmail.com

BECAUSE WE CARE exists to help members of CMNC. While we are a social club and not a service club, we do try to assist members in the short term when needed. Please notify the BWC chairperson if you are aware of a member needing assistance. We will notify the member of the group who can decide how to assist. We are not qualified to handle long term situations. That assistance needs to come from your Church group, close friends or the proper medical persons. We DO want to assist any way we reasonably can.....BECAUSE WE CARE!

HOSPITALITY

Chairs: Carolyn Spillane 579-0771
Sharon Trapman 930-5896

We're still looking for new scullery maids to help with the pre-meeting set-ups, the during-meeting work, and the post-meeting clean-ups. Unfortunately, our wonderful and indispensable Co-Chair Sharon Trapman will be moving away this spring, taking away the best of us with her. Volunteers are welcome, and we may have Sharon's successor already on board, a happy thought.

GLEANERS

Day: The day of the General Meeting

Chairs: Barbara Coons 375-3231
lites0n7@aol.com
Mamie Duffendack 576-7221
mamieksilvertooth@yahoo.com

Our Gleaners project for April will be Silver Key, a local organization which has served thousands of seniors in the greater Colorado Springs area for more than 40 years. They advocate for senior empowerment and offer a variety of services to maintain independence, safety and quality of life for seniors. At this time, they are requesting pet food, toilet paper, diabetic canned food and jellies.

Thank you for your generosity!

UFOs

Day: Monday
Date: April 4th
Time: 1:00 PM

Place: TBD

Chairs: Barbara Nisar 439-4698
barbara80906@hotmail.com

If you have a project that you can bring with you, join us and share some interesting conversation while you are working. Don't have anything going at this time, not a problem, you are still welcome to come and have a cup of coffee or tea and chat with us.



Let's Get Physical



Games We Play

STRONG WOMEN

- Day:** Every Monday at 8 AM
- Place:** The Palisades
- Bring:** Your own hand and ankle weights
- Chairs:** Marjorie Baker 355-3212
Linda Schierholz 330-0898

All of us Strong Women exercisers will be meeting at Marge Baker's house every Monday morning at 08:00. Bring your hand & ankle weights and join us for an hour of health & fitness.

Linda Schierholz is a certified instructor for the program and will work with you to progress in the program, make adjustments to the exercises that your doctor suggests, and help keep your active lifestyle!

HIKING

- Day:** 1st Friday and 3rd Thursday
- Date:** April 1st and 21st
- Time:** TBD
- Place:** 4/1 TBD
4/21 TBD
- Chairs:** Pam Pappas-Jones

If you like fresh air, sunshine and spectacular scenery, hiking is for you!

We will hike the 1st Friday and 3rd Thursday of the month weather permitting. All ages and fitness levels are welcome. Interested? Put on your hiking boots and sunscreen, grab your water and sunglasses and join the group for a fun experience.

There will be a sign up sheet at the March meeting.

CANASTA

- Day:** 2nd and 4th Thursdays
- Dates:** April 14th and 28th
- Time:** 10:00 AM - 2:30 PM
- Place:** The Cheyenne Mountain Resort
- Chairs:** Carol Banks 817-692-9137
starbenterprise@sbcbank.com
global.net
Edna Clark 527-1519
edna39@pcsys.net

Come and join us in the stunning setting of the Cheyenne Mountain Resort. Besides the fun we have playing Canasta we enjoy the camaraderie, making new friends and great food. If you love playing cards but don't know how to play Canasta, we'll patiently teach you.

MAH JONGG

- Day:** 1st and 3rd Fridays
- Dates:** April 1st and 15th
- Time:** 10:00 AM - 2:30 PM
- Place:** The Village at Skyline, Building 4
- Chair:** Clare Gardner 559-2217
rhgcg7314@msn.com
Judy Finkelstein 579-0734
mjfine2@gmail.com

Mah Jongg is an ancient Chinese game that is played with tiles. If you like to play cards you will like this game. We welcome any ladies who would like to learn a new, and sometimes addictive game.

We hope to sign up some new players at the General Meeting who we will be happy to have join us. If you have been hesitating about learning now is the time. We love to teach new players and make new friends so think about joining us.

Please bring your lunch. We will provide coffee and tea. The hostess of the week always provides a wonderful dessert.



Food, Glorious Food

SATURDAY NIGHT SUPPER CLUB

Day: Saturday
Date: April 23rd
Time: 6:00 PM

Place: TBD

Chairs: Sue Bux 635-4116
 sebux1060@comcast.net
 Dottie Leib 527-1558
 tdtc@aol.com

Thanks to our March hostesses for opening their homes for our March dinners.

Our April dinner on April 23, will be a Mexican menu created by Linda Steckel featuring Enchiladas Suizas. You may sign up for this dinner at the April meeting or by contacting Sue by Friday, April 15.

Please look at your calendar and sign up to host in April or May. We welcome new members so if you haven't tried this group, plan to join us.

LADIES GOURMET

Day: Wednesday
Date: April 20th
Time: 11:30 AM
Place: Early Childhood Learning Center

Chairs: Harriet Tuckman 650-796-7595
 inplace@comcast.net
 Evelyn Longo 576-9942
 jerseydd55@yahoo.com

Our group will be doing something a little different this month with a combination of culinary cruising and gourmet lunch. We will visit the historic Early Childhood Learning Center located at 104 E. Rio Grande (corner of Tejon) and have lunch in their dining room. Besides a "build a salad style lunch activity, we will be making "flubber". Please stop by our table at the general meeting to sign up to bring a "salad item". If you cannot attend the meeting and would like to sign up, please email Evelyn by April 13th.

MEXICAN TRAIN

Day: Monday
Date: April 18th
Time: 10am

Place: The Cheyenne Mountain Resort

Chairs: Carol Banks 817-692-9137
 Connie Bourke 719-576-5401
 bourkec@comcast.net

Please join us at the resort for Mexican Train. We play the third Monday of the month. Mexican Train is an easy game played with dominoes. Enjoy a wonderful lunch and conversation with a great group of ladies.

POKEENO

Day: 2nd Monday
Date: April 11th
Time: 1:00 PM until 3:00 PM (or later)

Place: TBD

Chairs: Sharon Wallace 579-7529
 sharon.m.wallace@comcast.net

Feeling lucky? Pokeeno is a fun game that relies totally on luck. Each player brings a \$5 gift hidden in a paper bag and \$1 for the blackout round. If you'd like to play this month and didn't get a chance to sign up previously, give Sharon a call.

THE LUNCH BUNCH

Day: Wednesday
Date: April 13th
Time: 11:30 AM

Place: Romano's Macaroni Grill
 2510 Tenderfoot Hill St

Chairs: Judy Finkelstein 579-0734
 mjfine2@gmail.com
 Jean Enright 203-6005
 dje3113@aol.com

This month we will be dining at Romano's Macaroni Grill. This fine Italian restaurant has long been a favorite with The Lunch Bunch, plus it has the advantage of being just down the street.

As always, if you wish to join us, sign up at the table at the back of the room at the General Meeting. We hope to see you all there.

SINGLES GROUP

Date: April 21st
Time: 5:30 PM Dinner/7:30 PM Show
Cost: Dinner \$\$/Show \$16
Place: Edelweiss Restaurant/ MAT Theater
Event: Six Women Playwright's Festival

Chair: Ann Montgomery 226-6769
Barbarah Coleman 550-8999

The Six Women Playwrights' Festival was a favorite of last year's Singles' Group. This year will be just as memorable as we enjoy "THE BEST SIX SHORT PLAYS FROM THE LAST EIGHT YEARS." To whet our appetite for the main menu of plays, we will dine at the Edelweiss German Restaurant, a block East, across the street. Reservations for dinner will be at 5:30; we will walk (drive?) the one block to the theater by 7:00 to get the best seats available.

At this time, the cost of the plays is tentatively set at \$16 each for Thursdays. B & A will let you know, ASAP--before you have to write that check--if we can get a lower group rate.

WHOLISTIC NUTRITION

Day: Thursday
Date: April 7th
Time: 10:00 AM - note time change
Place: TBD

Chair: Helen Barcay 330-9724
helenbarcay@comcast.net

Join us each month as we wade through the barrage of conflicting nutrition information that confronts us daily in search of what works best for ourselves and our families.

In April: It's a field trip to one of our local King Soopers stores where we will meet with the produce, deli and bakery and meat and seafood departments. Local and organic fruits and vegetables, fresh baked whole grain breads, healthy salads, minimally processed meats and fresh seafood – where do they come from? How are they prepared and packaged? Who selects what is sold and how the foods are marketed? What can we as consumers do to get more healthful foods on our market shelves? Bring your questions, concerns, ideas in your shopping bag as we explore the aisles and become more educated and healthy consumers.

BIRTHDAY BELLES

Day: Wednesday
Date: April 13th
Time: 11:30 AM

Place: Edelweiss

Chairs: Ximena Chacon 964-6153
de Leeper ximena.chacon.leeper@gmail.com
Anita Livingstone- toadee26@gmail.com
Pirraglia
Carol Banks starbenterprise@sbcglobal.net

Happy Birthday to the following ladies celebrating their birthday in March:

DeLynne Dean	4/5
Maureen Combs	4/7
Rose Salcetti	4/8
Ximena Chacon de Leeper	4/10
Susan Rowley	4/10
Karen Belyea	4/12
Debbie Nightingale	4/18
Helen Barcay-Lind	4/22
Carole Raabe	4/22
Margaret Brettschneider	4/23
Marianna Hendricks	4/25
Phyllis Corl	4/27
Randi Hammer	4/29

We will be joining the Lunch Bunch immediately after the General Meeting at The Macaroni Grill. Please RSVP Anita at toadee26@gmail.com.

WINE AND FRIENDS

Day: 3rd Friday
Date: April 15th
Time: 6:30 PM

Place: Home of Bobbie Alberts

Chairs: Bobbie 635-2373
Alberts bobbiealberts@comcast.net
Elaine Brush 510-5784
elainebrush@gmail.com

W&F members who RSVP bring food, wine, and good cheer to share at a host home. Husbands and significant others are always invited. Yearly dues - \$5/single, \$3/single.

An email with details will be sent to members. Please bring a white wine.



Live and Learn

WOMEN OF WEALTH

Day: Tuesday
Date: April 26th
Time: 9:30 AM
Place: Ski Barista Coffee Shop

Chair: Janis Cross 577-6322
 janiscross@mssb.com

It's a 2016! Is your portfolio ready for the New Year? 7 out of 10 women will outlive their husbands and be forced to take over managing their assets. Even if you hire a money manager, you will need to be able to read a financial statement and understand your performance. BE PROACTIVE and join us in a non-threatening environment for a course in managing your money. We'll cover stock selection, mutual fund analysis, long term care insurance, hiring a money manager, asset allocation, bond analysis, and other timely subjects.

PHILHARMONIC MUSIC MAKERS

Day: Friday
Date: April 2nd

Time: 7:30 PM
Place: Pike's Peak Center

Chairs: Pamela Street 527-1002
 pstreet@cm9440.com

Tribute to Pink Floyd. Call 575-9632 for tickets.

NOVEL WOMEN

Day: Wednesday
Date: April 6th
Time: 10:00 AM

Place: Banning Lewis Ranch House, 6885 Vista Del Pico Blvd

Chairs: Robyn Hamilton 344-8731

Book: "Euphoria" by Lily King

NURTURING YOURSELF

Day: Tuesday
Date: April 5th
Time: 2:00 PM - 4:00PM

Place: Home of Miriam DePlomb

Chairs: Robin Tapp 520-3801
 balancedhealth@earthlink.net
 Ellen 266-4817
 Lukasik ellenb47@gmail.com

Are you someone who wants to take better care of herself, but isn't sure how? Do you like to converse about topics that are a little deeper than, "Where did you get those shoes?" Then Nurturing Yourself may be just the group for you.

This year's agenda includes an array of thought-provoking and conversation-stimulating short documentary films such as "I Am" and "Fabulous Fashionistas." At each meeting we will view the selected film and follow up with discussion and very possibly a good dose of laughter.

At our April meeting, we will be viewing "Autism in Love". Please RSVP directly to Miriam by Friday, April 1st if you plan to attend. Be sure to send Ellen your contact information if you would like to be kept apprised of our doings this year.

DECORATING DIVAS

Day: Tuesday
Date: April 12th
Time: 11:30 AM - 2:30 PM

Place: Patty Jewett Golf Club and Historical Jewett Family Home

Chairs: Nancy Price 520-5088
 Weddle np-interiors@comcast.net
 659-2613
 Monica Sharp monicasharp@kw.com

All Divas will meet at the Patty Jewett Golf Club for lunch and another great get together with friends. We will then proceed to the original home of the Jewett family in the Old North End. We will be able to watch a short film given by one of the volunteers at the 1st Lutheran church and then we will be taken on the tour. We will be entertained with historical facts of another one of the prominent families of our wonderful city.

Please RSVP to Monica at the above email.

MOVIE MAVENS

Day: Sunday
Date: April 17th
Place: Tinseltown or Kimballs
Chair: Audrey McGuire 540-5613
Linda Steckel 659-2342

Several good movies coming up, at least according to the previews. All those signed up at the General Meeting or are on the Movie Mavens mailing list will be emailed April 15th. In the message Audrey will tell you which theater, show times, restaurant and time we are meeting on Sunday, April 17th. Please RSVP by replying to the message, indicating the number of people attending in order for us to make reservations for dinner. We will meet in the lobby of the selected theater.

We are looking forward to seeing all of you on April 17th

LITERARY LADIES

Day: Wednesday
Date: April 6th
Time: 10:00 AM
Host: Dorothy Grewe and Joyce Cassidy
Chair: Margaret 633-4661
Brettschneider ebrettmbour@aol.com
Cheryl Baeza 579-7435
hechb2cs.com
Leslie Herzog 540-2247
jlherzog66@gmail.com

Book: "The Wall" by John Hersey

Unfortunately, membership in Literary Ladies is closed for now.

HAPPY BOOKERS

Day: Wednesday
Date: April 27th
Time: 2:00 PM
Place: Home of Ann Montgomery
Chairs: Barbara 576-3569
Potter bkpotter2003@yahoo.com
Book: "The Orphan Train" by Christina Baker Cline

There are no membership openings in Happy Bookers at the moment.

WELCOME TO COLORADO

Day: Friday
Date: April 29th
Time: 10:30 AM
Place: World Figure Skating Museum
Golden Bee
Chairs: Judy Finkelstein 947-0724
mjfine2@gmail.com
Carol Banks 817-692-9137
starbententerprise@
sbcglobal.net

This month we will be visiting the World Figure Skating Museum. This great museum was the first we visited when we restarted "Welcome to Colorado" a few years ago, and all the ladies really enjoyed it. Since many of you have joined CMNC since then we thought this would be a good time to revisit this very interesting museum.

We will be having lunch after the museum visit at The Golden Bee.

Please sign up at the table at the back of the General Meeting or reply to this email if you wish to join us.

READERS CHOICE

Day: 3rd Wednesday
Date: April 20th
Time: 10:00 AM
Host: TBD
Chair: Karen 715-340-1288
Halverson farleyhalverson@
gmail.com
Randi Hammer hammerrandi@yahoo.com

Book:

Readers Choice book club invites you to participate in a book recycling/exchange. Bring any book(s) you wish to recycle and exchange for a book of your choice.

CMNC Spring Luncheon



A LEGACY OF ELEGANCE

MAY 11, 2016

THE MINING EXCHANGE
8 SOUTH NEVADA
11:00 AM LOBBY
MEMBERSHIP RENEWAL
11:30 LUNCH

Suggested attire: black, white and gold

Free Valet Parking

Dust off your hats & gloves and join us to celebrate an era of elegance and history.

Meet friends in the lobby at 11 to renew your membership and then enjoy a served lunch at 11:30.

Tickets are **\$30 which includes free valet parking** and will be sold at the April General Meeting. **If you cannot attend the April meeting, please mail your check made out to CMNC for \$30 to: CMNC, PO Box 60001, COS 80960 by April 20th.** We will contact you regarding menu choices.

Don't forget to bring your checkbooks to the April meeting!!!

The following slate of Officers have been nominated for your 2016-2017 Executive Board:

Co-Presidents:

Lynn Bickley
Kate Hall

Co-Vice-Presidents:

Sharon Crumpton
Mary Beth (MB) Shively

Treasurer :(2nd year of 2 year commitment)

Barb Coons

Secretary:

Lisa Fisch

Voting for this Board will be held in April.

Mary Beth Shively

Mary Beth Shively enjoys giving back to the community and is involved in a number of volunteer activities supporting Chapel of Our Saviour Episcopal Church, the US Air Force Academy Woodshop, The Thrift House of the Episcopal Churchwomen, Habitat for Humanity, and Westside Cares. She moved to Colorado Springs from Fort Huachuca, Arizona after retiring from a 30 year career in the U.S. Army. Mary Beth is married to Steve Shively, also a retired US Army colonel.

Lisa Fisch

I grew up on the plains of Colorado and I have enjoyed living next to the mountains for the past five years. I am married to John and we have two daughters who live in Montana and a son who is a junior at Cheyenne Mountain High School. I like to organize and prepare dinners for my family and friends. I've had a lot of fun with CMNC activities so I thought I would help out.

Lynette Bickley

Lynette moved to Colorado Springs from Hays, KS in Nov 2009.

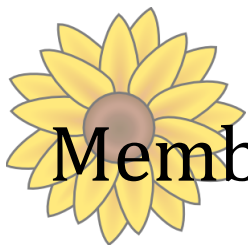
She is married to Cody and they have one son, Coltyn, in Kindergarden.

Lynette grew up on a farm and completed a degree in Art Education at Fort Hays State University while also studying some in instrumental music. She taught school or substitute taught for a short time while building a business career within Mary Kay. She has been a Sr Director for 17 years and earned the use of 11 career cars, 6 of them being the infamous Pink Cadillac.

Lynette also enjoys the outdoors, traveling, reading, and spending time with her friends and family.

Kate Hall

Katherine (Kate) Hall moved to Colorado Springs from Washington DC in 2013. She is married to Terry Johnson and they have one son Benjamin who is married and living in Denver. Kate worked in national security for 40 years and is happy to be retired (mostly). She loves her volunteer work with Pikes Peak hospice.



Membership

SPECIAL EVENTS/INFORMATION:

ADOPT A FAMILY

I am looking for an assistant/co-chair for the coming year..had wonderful help this year but would like to share this wonderful project next Christmas.

Have a great summer! Ginny Biggie

MOUNTAIN MEN (C3M's)

Day: 2nd Thursday
Date: April 14th
Time: 8:00 AM

Place: Village Inn, Harrison and S. Circle

Chairs: Rich Tuttle richtut@aol.com

The Mountain Men is an informal group of about 40 men who meet once a month for breakfast, good fellowship, and to plan outdoor activities. These activities normally consist of monthly hikes in the mountains. If interested in joining this group, please contact Rich Tuttle. All contacts are made by email so please be sure we have your correct email address.

COMMUNITY BULLETIN BOARD

We are starting a Community Bulletin Board that will be located in the foyer of the church before our meetings. This is an opportunity to bring in information that you would like to share concerning community events that are dear to your heart. They could be concerning fund raisers, like Art in the Park or Heart Ball but please nothing that will be soliciting money for personal gain. They need to be approved by Susan K. Jones @ sjsjones@aol.com or 719.963.5262 four days before the meeting.

DIRECTORY CHANGES/CORRECTIONS

Leslie Herzog	leslieherzog17@gmail.com
Helen Lind	helenbarcay@comcast.net
Elaine Brush	elainebrush@gmail.com
Deborah Nelson (renewing member)	debbin@pcisys.net 473-4925
Betty Virag (new member)	1227betty@gmail.com 614-657-7547

Cheyenne Mountain Newcomers Club
P.O. Box 60001
Colorado Springs, CO 80960

Change Service Requested

CMNC MEMBERSHIP

Please make your \$30 check (\$45 with mailed newsletter) payable to CMNC and mail with this form to:
Membership, P.O. Box 60001, Colorado Springs, CO 80960 (yes, 80960)

Today's Date:		Please circle:	
Name:		New	Renewing
First	Last	Spouse:	

It is important that you complete the **ENTIRE** form. This information will be included in the next Membership Directory.

Street:	Phone:
City:	Hometown:
Zip Code:	Moved From:
Email Address:	Birth Month: Day:

Membership year runs June 1 to May 31