WEBPAGE Cmnccos.org

Executive Board

Co-Presidents

Janis Cross 930-4445

Marie Ryan 310-7810

Vice Presidents

Linda Ewton 659-2342

Dr. Susan Rae Jensen 659-8713

Treasurer

Barbara Monn 576-9173

Secretary

Position Open

Communication Director Position Open

Webmaster

Linda Ewton 659-2342

Newsletter

Mary Kervick 649-3658

Policies:

Prospective/Former members shall be required to pay membership dues after attending two club functions.

CMNC general meetings will be cancelled if D-12 schools have a delay or cancellation.



April 2021

Free Meetings 2nd Wednesday of Month, 9:30AM, Broadmoor Community Church, 315 Lake Avenue

From The Presidents

Dear Lovely Ladies,

Finally, after seemingly endless months of uncertainty, a return to some kind of normality is on the horizon. We can look forward to reconnections – when socializing and social contact can finally be resumed. Imagine: hugs and handshakes, seeing family, meeting friends, coffee catch-ups and lunches, holidays abroad. Those human interactions once enjoyed and taken for granted are tantalizingly within reach. Soon, it may just be possible to plan ahead: to book that flight, schedule time with family, and to plan for a brighter future.

On that note, thank you to all that attended the in-person meetup in March. We had a wonderful time catching up with one another. We had a group of about 30 members and we all enjoyed Susan Rae Jenson's program on heart health. There were lots of good questions and interaction. Our April in-person program will feature elder issues. Please put our April 14 meeting on your calendars. It should be another fun and informative meeting.

We are over the moon to announce that we will be holding our annual May Spring Luncheon this year at the Gold Hills Mesa Community Center! Our theme is the summer Olympics. We can accommodate up to 80 people. There will be no charge for this event. We will have a full menu, wine, and music. You can dress up in your favorite Olympic colors – blue, yellow, black, green, and red. The colored interlocking rings represent the five continents of the world, united by Olympism. We will send out additional details in a separate flyer. Get ready to celebrate!

A big thanks to everyone for your continued support of our club. We love you all and can't wait to see everyone again.

April



Decorating Divas Date: April 13, 2021 Time: 1:00pm - 3:00 pm Chairs: Nancy Price-Weddle 332-2644 Mary Beth "MB" Shively 527-0612 cell: 520-631-8522

Where: Studio 1405 Next door to Skyway Creations, 1407 South 8th Street, Colorado Springs 80905



The Divas will celebrate April showers by learning to create a beautiful spring bouquet. We will meet at Studio 1405 next door to Skyway Creations. Lori Goede, artist and co-owner of the flower shop will be our instructor and we will take the arrangement that we have created with us. The cost for the class is \$50.00.

Seating is limited to 12 people, so please RSVP to MB to be included. Happy Spring, Nancy and MB

Gleaners for April 2021: Silver Key

Chair: Barbara Coons 375-3231 the trunk of my car will be open for drop-off at the meeting.

Our April nonprofit is Silver Key who annually serves more than 7,000 seniors in El Paso County Colorado. They meet a wide variety of needs & are a well-known resource for older citizens. Silver Key also advocates for senior empowerment & offers a variety of services to seniors to maintain independence, safety & quality of life. Transportation, Nutrition & Case Management services are some specific areas of focus. In addition to providing an emergency food pantry & offering special food boxes for seniors on special diets, Silver Key uses donated food to add to commodity boxes, giving clients a more nutritious & varied diet & allowing them to stretch their food budgets even further. They also try to stock dog & cat food (canned or dry) for pet companions of their clients. CURRENT NEEDS AT THIS TIME: tuna, soup, spaghetti sauce and cereal. (Please check and make sure none are out of date!)







Cheyenne Mountain Newcomers Club Spring Luncheon

May 10, 2021 11:00 a.m. – 1:00 p.m. Gold Hills Mesa Community Center 142 South Raven Mine Drive

Menu

Many Berry Salad
Artisan Bread Assortment
Lemon Rosemary Chicken
Asiago Mashed Potatoes
Green Beans
Dessert

Coffee and Wine will be provided

We can accommodate up to 80 members. There is no charge for the luncheon. Please send your RSVP to Robyn Hamilton:

robyn@rmhamilton.net
It will be first come, first serve, and any guests will be placed on a waiting list.

Come decked out in your favorite Olympic color!



April



Women of Wealth - 4th Tuesday, 9:30 to 10:30 AM

Chair: Janis Cross 577 - 2501 <u>Janis.cross@raymondjames.com</u>

Zoom Call (zoom.com) Meeting ID: 649 554 6971

Password is required: This will be included in the Zoom invitation.

Time to review your investments and be re-positioned for 2021! Why not do something new and join our group? 7 out of 10 women will outlive their husbands (source: www.marketwatch.com) and be forced to take over managing their assets. Even if you hire a money manager, you will need to be able to read a financial statement and understand your performance. BE PROACTIVE and join us in a nonthreatening environment for a course in managing your money. We'll cover stock selection, mutual fund analysis, long term care insurance, hiring a money manager, asset allocation, bond analysis, and other timely subjects. *Please confirm attendance by sending me an email*. Thanks, Janis

Because We Care

Chair: Lynda DeAngelis 576-5070

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the SMALLEST ACT OF CARING, all which have the potential to turn a life around." Leo Buscaglia

Ladies, please remember to contact me when you know or hear about one of our members experiencing a health problem, surgery, hospitalization, death in the family or any other life changing situation. I will then send out the appropriate card on behalf of all of our members. In some cases, I will follow up with a phone call to see how things are going and if any help is needed. Thank you for your support....It is because of all of you and many previous members that we are such a kind and caring group to include this committee in our organization!

Reader's Choice - 3rd Thursday, 10:00 AM

Chair: Daria McClung 339-4860 *This will be a Zoom Meeting*

Book: Before We Were Yours by Lisa Wingate

Novel Women - 1* Wednesday, 10:00 AM

Chair: Sarah Healy 344-9363 *This will be a Zoom Meeting*

Book: The Thursday Murder Club by Richard Osman

All other activities continue to remain on hold until it is safe to meet again.