



APRIL 2024

We meet the second Wednesday of each month at 9:30 a.m. at the Broadmoor Community Church, 15 Lake Avenue.

President's Notes

Spring is almost here, so don't forget to reserve your seat at the CMNC Spring Luncheon and Fashion Show on May 9 at the Cheyenne Mountain Country Club. *Please note that this is being held on a Thursday instead of our usual Wednesday.* Seating is open to the first 100 paid members; after that, guests will be accommodated on a space-available basis.

See page 9 of this newsletter for complete details, as well as the deadline to RSVP and buy your ticket. This year we've added Zelle as a payment method, along with checks and cash; however, we no longer accept credit cards.

Round of applause

A warm "Thank you!" to Ladies Gourmet for providing the delicious edibles at our March meeting.

What's ahead:

The April 10 program explores how we can help protect our homes and community from the ever-present threat of wildfires. See Page 2 for more on the educational insights and mitigation expertise that will be shared by the Colorado Springs Fire Department. **REMINDER:** *Be sure to park in the central or lower parking lots for this month's meeting* as the school district will be using the upper parking lot.



Wildfire Mitigation and Safety, April 10

9:30 a.m. at the general CMNC monthly meeting

Broadmoor Community Church, 315 Lake Avenue

Consider taking notes or recording this presentation so you can be prepared for 2024 summer season.

EXECUTIVE BOARD

President

Mary Kervick 719.649.3658

VP – Membership

Liz Burnett 719.368.9488

VP – Activities

Cheryl Eaton 719.331.5554

Treasurer

Lisa Lucke 719.306.3185

Secretary

Wendy Wolfswinkel 719.332.7957

Communications

Sharon Wallace 719.482.6298

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Webmaster

Linda Ewton
webmastercmnc@gmail.com
cmnewcomers@gmail.com

Webpage:

cmnccos.org

This club has a paid membership policy. Prospective members may attend two club functions or meetings before paying their annual dues. Former members must rejoin the club before attending activities and meetings.

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CMNC monthly meetings will not be held if D-12 schools are delayed or cancelled due to snow or other conditions.

April Monthly Meeting

Wildfire Mitigation and Safety

Sharing the responsibility

We've all witnessed the devastating impact and destruction wildfires have had on our city, from the fiery Waldo Canyon maelstrom in 2012 to the Black Forest inferno a year later.

How can we help prevent similar disasters in the Cheyenne Mountain community? Andi Gregory and Jessica McIntire, two of the Colorado Springs Fire Department's finest, will share their expertise on everything from home hardening and vegetation management to wildfire risk ratings, onsite consultations, and more.

Gregory, a Senior Fuels Maintenance Technician, and McIntire, a Wildfire Mitigation Program Coordinator, will help us better understand the risks to our area and how to best prepare in case of emergency.

"It's my goal to instill a mindset of 'Sharing the Responsibility' with the community," says Gregory. "It's up to us as a group to prepare and prevent wildfires together."

In her role overseeing fire mitigation education and outreach, McIntire says she is proud to "help homeowners living the the wildland urban ... better understand wildfire risks and how to mitigate" their properties and neighborhoods. "

Questions? Contact our program chair, Barb Zarish, at 719.960.6117 or your local fire department.

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**Wednesday, April 10 | 9:30 a.m.
Broadmoor Community Church**

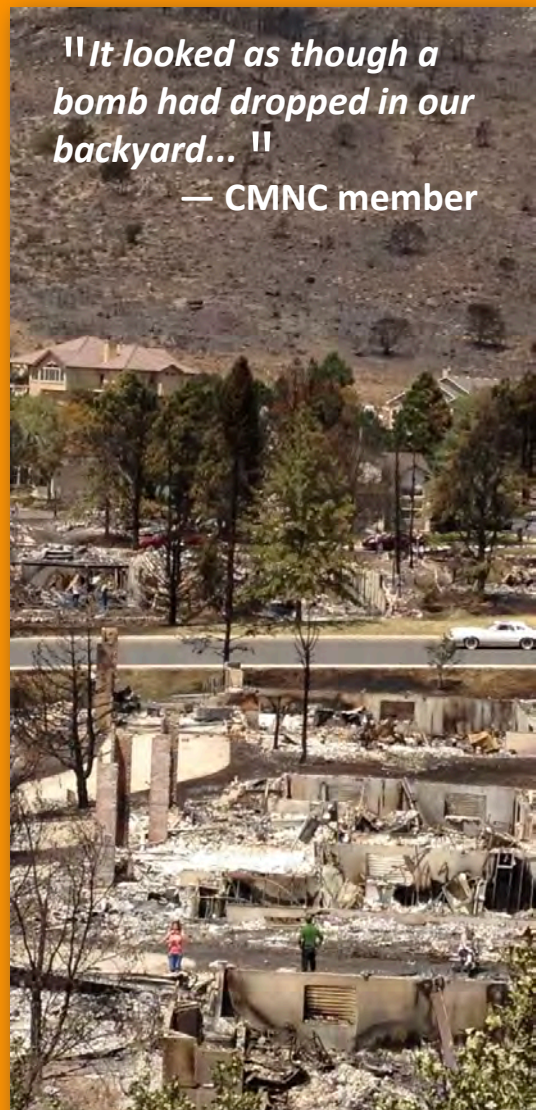
Who can forget . . .

June 26, 2012—Colorado Springs

In a matter of hours, the verdant forested hills surrounding Mountain Shadows were transformed into a tidal wave of flames that washed over this quiet, coveted community.

By the time it was contained on July 10, the Waldo Canyon fire had burned more than 18,000 acres, destroyed 347 homes, and claimed the lives of two elderly residents.


Almost exactly one year later, the devastating Black Forest fire ignited east of the city, scorching some 15,000 acres and 486 homes, leaving two more victims in its wake.



"It looked as though a bomb had dropped in our backyard... "

— CMNC member

Meet your 2024-25 Executive Board candidates



And the
nominees
are...

Come vote at the April 10 monthly meeting

Here are the nominees for the Cheyenne Mountain Newcomers Club Executive Board for the 2024-25 term:

PRESIDENT: Mary Kervick

"After years of working in the New York City area, I retired from Human Resources at Gannett Newspapers and moved to Colorado to indulge my passion for skiing. Currently, I'm attempting to develop a decent golf game, which is still a work in progress. I've loved being part of Cheyenne Mountain Newcomers since 2011. This will be my third time as president. I've also served as treasurer twice, chaired the Literary Ladies and Wine & Friends groups, organized three Member Directories, worked on the Adopt A Family program, sold advertising, and edited the newsletter for several years. All of these positions have given me a better understanding of the club, and I look forward to another fun, productive year."

VICE PRESIDENT: Cheryl Eaton

"My husband and I moved here in June 2003 from Woodbridge, VA, where my husband graduated from the Marine Corps War College. If I had to define myself, I'd say I'm a Texan, former Naval Officer's wife, and a retired substitute teacher. I have a healthy enthusiasm for the great outdoors and enjoy gardening, camping, skiing, snowshoeing, walking, and hiking (I'm co-chair of the Walkie/Talkies group). I also like to visit my family and friends in the Texas Hill Country as often as I can. I'm looking forward to serving as Vice President of this amazing, fun, and fantastic club."

Continued on the next page >>

2024-25 Executive Board nominees, cont'd

TREASURER: Kathy Achenbach

"I've been a member of CMNC since 2021. I was introduced to the club when walking my dog and I met IsaBelle (Rowsey). She convinced me to join although I was not a newcomer to Colorado Springs. I'm happy I did join as it is a lovely organization with many interesting women. I have one son, Jason, who lives in Monument. I'm retired, having been blessed with a wonderful career in finance in the hospitality industry, working for many luxury hotels from New York to California, ending up at the Broadmoor. In 2004, I took a new path and moved to First Presbyterian Church as the finance director. I'm looking forward to being treasurer of this group."

SECRETARY: Jamie Rogers

Jamie has been a member of CMNC since 2019. She is originally from Tulsa, OK, but moved here from Albuquerque, NM. She has a blended family with her husband, Lyle, and four adult children: one boy and three girls. She loves to travel and is lucky to have flight benefits after retiring from American Airlines. She is a member of Nurturing Yourself, Let's Get Lit Book Club, and Ladies Gourmet. Her favorite band is U2 and she has traveled the world to attend their concerts. She loves to volunteer and spends a lot of time helping New Hope Girls, an organization founded by her friend. She loves CMNC and is grateful for all the friendships she has found here.

ACTIVITIES DIRECTOR: Kathy Perkins

"Hi, my name is Kathy Perkins. My husband, Lee, and I have lived in Colorado Springs for about 15 years. We are a blended family with seven children and 13 grandchildren. We also have three black labs, which means we're busy with kids or dogs or all of them at once. I've had numerous careers as a florist, interior designer, social worker, and most recently, a home remodeler. However, my passion is art and interior design. Our home is always in a state of redesign. I'm so happy to have discovered CMNC. It's hard to meet other women once your kids have grown, and this club has allowed me to develop new friendships and have some fun."

PROGRAMS DIRECTOR: Barbara Zarish

"After living abroad for 25 years in 11 different counties, my husband, Alphy, and I are so happy to finally settle in and enjoy semi-retirement in Colorado Springs. During my career, I've worked in hotel and wine sales, marketing, and fundraising. When we arrived here, I sought out a social life and found CMNC, which has become our lifeline to fun activities. Currently, I co-chair Wine & Friends and am active in the Readers Choice Book Club, Canasta Hand and Foot, Mah Jongg, Decorating Divas, and Ladies Gourmet. My passions include skiing, travel, F1 car races, book clubs, games, staying active exploring our surrounds....and of course, our two children."

MEMBER DIRECTOR: Dale Spelman

"I joined CMNC in 2023. There have been lots of changes in my life recently! I retired from a 45-year career in corporate finance and relocated to Colorado Springs with my two rescue miniature pinscher pups, Calvin and Hobbes. I am enjoying my time exploring my new city, especially the great CMNC activities, meeting so many wonderful people and developing friendships. My passion is animal rescue and working with organizations that also rehabilitate and rehome animals in crisis. I am a volunteer with the Pikes Peak Humane Society and Harley's Hope Foundation, and recently joined the Assistance League of Colorado Springs."

VOTE
APRIL 10

April Activities

Decorating Divas

2nd Tuesday of each month

1-3 p.m.

The Divas will be meeting at the Cottonwood Center for the Arts to make a unique and functional wall vase out of clay. Local artist Dina Bredahl will teach us the ancient art of clay hand-building and introduce techniques for coloring and decorating our artwork. Vases will be kiln-fired after class and returned within two weeks to hang in your home or give as a thoughtful gift. Please RSVP if you would like to join us for another fun learning experience!

Co-chairs:

Nancy Price-Weddle	719.332.2644
Mary Beth (MB) Shively	719.527.0612 or 520.631.8522

Ladies Gourmet

3rd Wednesday of each month

11:30 a.m.

Exciting news—we have two more delicious events coming up! Due to the Annual Spring Luncheon and Fashion Show in May, **sign-ups for both Ladies Gourmet gatherings** will be held at the [April](#) CMNC general monthly meeting .

April 17: Join us for *Vegetarian Delights*, hosted by Kim Kacewicz. Kim can comfortably accommodate 30 members at her home, so bring your appetite. Cost: \$20 per person.

May 15: Donna Sterns will be hosting 20 members for our *Cuisine of the Mediterranean* luncheon. The cost is \$20 per person, and sign-ups will also be held at the April general meeting.

Co-chairs:

Susan Jones	719.963.5262
Liz Burnett	719.368.9488

Wine & Friends

3rd Friday of each month

6-8:30 p.m.

Our next event is on Friday, April 19, at the home of Nancy Long, 435 Brown Bear Lane. Email invitations go out around the first of each month. Not on our list? Contact Barb or Elaine, below, to be added. For April, max attendance will be capped at 40. Couples are welcome and should bring a bottle or wine and an appetizer to share. Singles, please bring your choice of either. **April is National Humor Month**, so bring your best (or worst!) joke to share.

Co-chairs:

Elaine Claussen	719.447.5771
Barb Zarish	719.960.6117

UFOs

1st Monday of each month

1 p.m.

A low-key group of members who like to chat while working on unfinished projects. Sign up to get an email with this month's location.

Chair:

Barbara Nisar	719.394.5499
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April Activities, cont'd

Lunch Brunch

2nd Wednesday
of each month
after the meeting

After the April 10 CMNC monthly meeting, join us for lunch at the New Panda on Nevada near Vaas at the end of the strip mall. Call or email Gini to RSVP prior to the meeting or sign up before 10 a.m. that day so she can make reservations.

Chair:

Gini Dugan 507.319.1700

Canasta Hand & Foot

2nd and 4th
Thursdays of
each month

10 a.m.–2 p.m.
or later

Enjoy this lively, strategic game twice a month at Cheyenne Mountain's Country Club of Colorado. We play next to the downstairs Gates Grille in the back room. Experienced, rusty, and new players are welcome; we have lots of great teachers for those who want to learn or refresh their skills. No RSVP needed; just show up and take a seat. Hot coffee is provided, and we'll break for lunch around noon.

Co-chairs:

Edna Clark 719.527.1519
Karen Vlasak 719.375.4692
Lu McCoy 719.540.8681

Mah Jongg

1st Tuesday of
the month

1–4 p.m.

This is an exciting and challenging game played with Chinese tiles. If you're interested, be sure to add your name to the Mah Jongg email list during any of the CMNC monthly meetings. Folks on that list will be notified when reservations are being accepted. Maria Polelli is the chair of this group and also the monthly host; you can find her address in the online member directory or call Lu. *Space is limited*, so be sure to RSVP either for the American or the Chinese table as soon as you receive the email invite. Reservations are accepted on a first-come, first-served basis.

Contact:

Lu McCoy 719.540.8681

Pickleball

Every Friday

10 a.m.–12 p.m.

Pickleball is the fastest-growing sport in America! Join this new group and see what all the fuss is about...and have a ton of fun! We play indoors (out of the hot sun, cold air, and wind) on brand-new courts at Springs Pickleball, 780 Vondelpark Drive. Try it once and you will be hooked for sure! A paddle, a whiffle-ball thingamajig, and some good, sturdy court shoes, and you're on your way.

Chair:

Lu McCoy 719.540.8681

April Activities, cont'd

Reel Deal

3rd Tuesday or
3rd Sunday
of each month

We meet at Tinsletown Theater and, for those who are interested, gather for refreshments or dinner after the movie. Tuesday meetings are ladies only; spouses/partners are welcome to join on Sundays. Sign up at the monthly CMNC meetings to get on the email invitation list.

Chair:

Chelley Gardner-Smith 719.640.0069

Walkie Talkies

Tuesday
mornings
Time TBD

Join us once a week for a moderate walk/adventure that can range from 40 minutes up to an hour. Sign up at the CMNC monthly meetings to receive a weekly email with the time and location. Join us for fun hikes, friendship and fellowship.

Chair:

Cheryl Eaton 719.331.5554

Invest In Yourself

4th Wednesday
of the month
10 a.m.

This group provides education on various wealth-planning topics such as financial investments, retirement, and estate and tax planning to cashflow management, budgeting and funding college savings programs, plus much more. The location for each month will be mailed to CMNC members who sign up for this activity.

Chair:

Ann Reis 719.577.6333

Pokeno

2nd Monday
of the month
1 p.m.

This game is very similar to Bingo, but with a fun twist. It's easy to learn, so don't hesitate to join us. The group meets at different members' homes; each player should bring an anonymous \$5 gift bag, plus \$1 to put in the kitty for the grand prize. Members who've signed up for this activity will receive an email each month with the new location.

Co-chairs:

Sharon Wallace 719.482.6298
Tami Dickinson 623.670.8298

April Activities, cont'd



Happy Hour Get-Togethers

3rd Monday of the month

3–4:30 p.m.

Join friends at different breweries for some fun each month! No advance sign-up needed; just show up for a beer and great conversation with your community of CMNC women. (Individuals buy their own food and drinks.)

April 15 @ Mash Mechanics

Coordinator:
Peggy Dolinich 719.964.8778

Gleaners

2nd Wednesday of each month after the CMNC general meeting

What is gleaning? It's harvesting goods for free distribution to the needy. It's also a donation made to a non-profit organization to distribute to those in need.

For April, we're highlighting T.E.S.S.A., which stands for Trust, Education, Safety, Support, and Advocacy. T.E.S.S.A is a local, confidential organization that provides services to individuals experiencing interpersonal, domestic, or sexual violence, stalking, or human trafficking in El Paso and Teller counties.

Over the past 45 years, T.E.S.S.A. has been committed to ending family violence while empowering their clients. They provide safe housing, victim advocacy counseling services, legal and housing assistance, youth- and child-specific programming as well as outreach and community education opportunities.

Their current needs include breakfast items, canned goods, and microwavable items. They also have requested new, full-sized hygiene products, including deodorant, shampoo, conditioner, body wash, razors, shaving cream, hair ties, and combs.

Also, we're continuing to collect plastic prescription bottles for West Side Cares. Please remove all labels when donating.

Donate often: Your contributions really do make a difference in the lives of the less fortunate. During each CMNC monthly meeting, Barbara Coons will park her car next to the entrance of the Broadmoor Community Church; simply place your donated items in the open trunk. Thank you in advance for your charity.

Chair:
Barbara Coons 719.375.3231 or 219.973.9555

Because We Care

Member Outreach

If you know of a CMNC member who is having health issues or going through a life-changing experience, please contact Lynda as soon as possible. She will send out an appropriate card and, in some cases, contact the member directly for any follow up that may be needed. Thanks for your support for your sister members.

Chair:
Lynda DeAngelis 719.440.4643



CMNC Spring Luncheon and Fashion Show 2024

'Fashion is Fun'

Presented by Chicos with our members as models!

When: Thursday, May 9, 2024
11 am - 1:30 pm

Where: Cheyenne Mountain Country Club*
9 Lake Ave. Colorado Springs

* No Jeans Allowed per venue

Cost: \$35 per person Cash Bar: \$7/glass wine

Open to first 100 paying members.

Pay with cash, check, or Zelle by the 4/10 general meeting. If check, mail to: CMNC, P.O. Box 60001, Colorado Springs, CO 80960

Menu: Mixed green salad, chicken piccata w/angel hair pasta, vegetables, bread and chocolate mousse cake. Coffee & ice tea included.



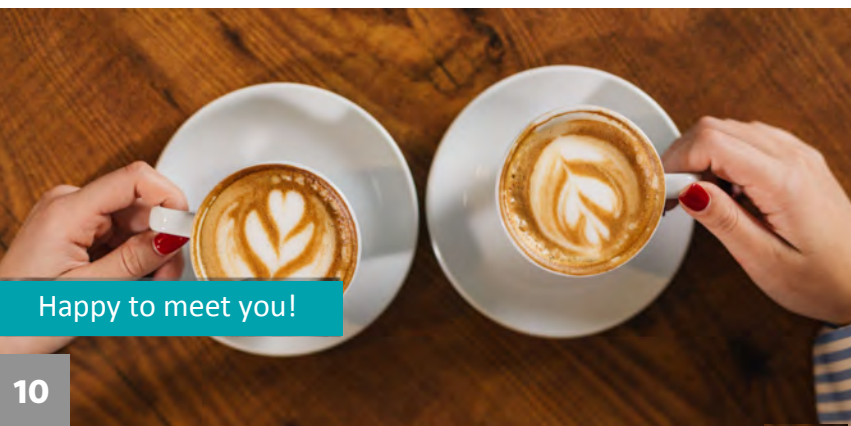
April Birthdays

- | | |
|------------------------------|-----------------------|
| 4/1 Kgathy Houck | 4/27 Kourtney Bryant |
| 4/3 Tariro Chibodo | 4/29 Jackie Whipple |
| 4/5 DeLynne Dean | 4/?? Elizabeth Miller |
| 4/7 Cynthia Frank | 4/?? Julie Newman |
| 4/8 Debby Marschman | 4/?? Ella Ragan |
| 4/10 Ximena Leeper | |
| 4/15 Lidia Verdier | |
| 4/16 Gale Johnson | |
| 4/22 Carole Raabe | |
| 4/23 Margaret Brettschneider | |



Welcome

New Members



Happy to meet you!

The Cheyenne Mountain Newcomers Club happily welcomed four new members during the first quarter of 2024. Please introduce yourself when you see them and make them feel right at home.

Kathy Houck
Robin Depies

Melody Essendrop
Mariah Nicholson

APRIL

Calendar of Events

SUN DAY	MON DAY	TUES DAY	WEDNES DAY	THURS DAY	FRI DAY	SATUR DAY
	1 UFOs 1 pm	2 Walkie Talkie TBA Mah Jongg 1 pm	3 Literary Ladies 10 am	4 Nurturing Yourself 2-4 pm	5 Pickleball 10 am	6
7	8 Pokeno 1 pm	9 Walkie Talkie TBA Decorating Divas 1-3 pm	10 CMNC General Meeting 9:30 am Lunch Brunch 11:30 am	11 Canasta Hand & Foot 10 am	12 Pickleball 10 am	13
14	15 Happy Hour Get- Together 3-4:30 pm	16 Walkie Talkie TBA Reel Deal TBA	17 Ladies Gourmet 11:30 am	18 Readers Choice 10 am	19 Pickleball 10 am Wine & Friends 6-8:30 pm	20
21 Reel Deal TBA	22	23 Walkie Talkie TBA Let's Get Lit 6:30 pm	24 Invest in Yourself 10 am	25 Canasta Hand & Foot 10 am	26 Pickleball 10 am	27
28	29	30 Walkie Talkie TBA				

Note: Inner Strength Tribe's meeting date and time TBD

*Please forgive any errors or typos in this publication. I hope you enjoy it!
— Your new volunteer newsletter editor, Elaine Claussen*