



Meetings 2nd Wednesdays of month, 9:30 am

January 2024

Broadmoor Community Church, 315 Lake Avenue

President's Notes

Executive Board

President

Mary Kervick 719-649-3658

Vice Presidents

Membership

Liz Burnett 719-368-9488

Activities

Cheryl Eaton 719-331-5554

Treasurer

Lisa Lucke 719-306-3185

Secretary

Wendy Wolfswinkel 719-332-7957

Communication Director

Sharon Wallace 719-482-6298

At the January 10th meeting, we will be presenting a Nominating Committee Chair. It is important that you give her your attention and step up as an Executive Board member next year.

Every great club has great people who participate.

You have been sent club bylaw changes which will be voted upon at the January 10th meeting. Please address any questions with a Board member prior to voting on January 10th.

Many thanks to the decorating elves who made the Holiday Luncheon so festive. Simply the Best!

Welcome New Members

Margaret Banning, Kim Fuchs, Joyce Laszloffy, Susan King, Jane Myers, Linda Reinhardt, Betty Schwartz, Robin Schwartz

Webpage: cmnccos.org

Webmaster: Linda Ewton

webmastercmnc@gmail.com

Email: cmnewcomers@gmail.com

Policies : Prospective members shall be required to pay membership dues after attending two club functions or meetings. Former members must rejoin the club to attend any activity or meeting.

CMNC general meetings will be canceled if D-12 schools have a delay or cancellation.

January 10th Meeting

Program: Cottonwood Center for the Arts

The CCARTS is home to the largest group of “Creatives” in Colorado Springs. Annie Pieper, Education Director, will be talking about some of the fun, accessible, life enriching art classes offered at the facility. Ben Bires, Acrylic Landscapes instructor, will do a quick demonstration of his painting techniques. Presentation will end with other ways to experience Cottonwood, including an invitation to everyone to join us for our First Friday gallery openings.

Lunch Bunch: Chair: Gini Dugan 507-319-1700
Wednesday, right after the general meeting

Happy New Year! To start the New Year, the Lunch Bunch will dine on delicious Asian fare at the NaRai Thai restaurant after our January meeting! Sign up with Gini at the January meeting or call her to get on the signup list to save time before the meeting, but be sure to confirm with her!

NaRai is located at 120 East Cheyenne Mtn Blvd, north of Miquel’s Mexican in the Cheyenne Mtn Blvd. business strip.

Gleaners: Chair: Barbara Coons 719-375-3231 / 219-973-9555

Gleaning: Harvesting for free distribution to the needy, or donation to a non-profit organization for ultimate distribution to the needy.

January Gleaners: Springs Rescue Mission

Springs Rescue Mission began in 1996, when founders began providing sandwiches to homeless people in Colorado Springs in parks and under bridges. Soon after, they opened a food pantry in one room of a small building. These humble beginnings rapidly grew into a wide range of programs intended to serve the 27,000 households living below the poverty line in the Pikes Peak region. Currently, they serve over 700 men & women a day through nutritious meals, sheltering, case management & work programs.

IMMEDIATE NEEDS: winter clothes, hats, gloves, coats, etc.

Additional requests: travel size toiletries, bar soap, disposable razors, laundry pods (they do 30,000 loads per year.)

THANK YOU for thinking of the most vulnerable men & women in our community!! Donating goods to Springs Rescue Mission has a significant & direct impact on those who are served.

Donations may be put in the open trunk of my car, directly next to our entrance at Broadmoor Community Church.

Adopt A Family: Chairs: Lynda DeAngelis and Valerie Smith

Thank you to everyone who participated in Adopt A Family, we were able to adopt 12 families this year and purchase bicycles and helmets for all the kids. We appreciate your generosity. Valerie and Lynda

Activities:

Decorating Divas. Chairs: Nancy Price - Weddle 719-332-2644
Mary Beth Shively 719-527-0612, 520-631-8522

Meets 2nd Tuesday of the month, 1pm to 3pm

January 9th, MAC Manitou Art Center

The Divas will return to the Manitou Art Center where we will be making snowmen out of gourds. Mary Madison will be teaching us again and will be supplying paint, brushes, stencils, etc. You may also bring accessories like scarves, hats, etc.

This should be very fun, so please rsvp to MB to be included!! Let's get creative!!

Ladies Gourmet. Chairs: Susan Jones 719-963-5262 Liz Burnett 719-368-9488

Meets 3rd Wednesday of the month, 11:30am.

Ladies Gourmet kicks off the New Year in Style! Here is a preview:

January 17, 2024 we feature *Asian Inspirations*. Lisa Knowles will host (capacity=20). Lunch is \$20.

We have big plans for February, there will be **two** luncheons(members can choose one or the other).

February 21, 2024, we will have a *Soups and Salads* lunch. Jackie Whipple will host(capacity=26). Lunch is \$20.

February 23, 2024 our guest chef and soon to be member, Melody Essendrop, presents a *Savory Italian* cooking class. Sharon Cotter will host(capacity=20). Lunch is \$20.

March 20, 2024 we will feature guest chef, Barbara Santos-McAllister. She will be holding a *Mexican Delights* cooking class. Jackie Whipple will host(capacity=26). The class is \$50 and we will need **payment in February**.

For each luncheon, we will hold a lottery. The process is:

1. Prior to the start of the general meeting, members can pick up a lottery ticket.
2. The ticket bowl will be shuffled and we will ask someone to draw tickets from the bowl. The number of tickets drawn will be equal to the number of attendees the hostess can accommodate plus four additional tickets to be used as a waiting list (we always have last minute changes).
3. The ticket numbers will be announced and displayed.
4. If your ticket is drawn, **please proceed to the Ladies Gourmet signup table (any time before you leave)**. Bring your ticket, pull the matching ticket from the display board, and present it to Susan or Liz. Then enter your name on the signup sheet next to your role for the luncheon (i.e. hostess assistant, chef, bartender, or attendee).
5. As we've done in the past, we will email the recipes to all people who have signed up (within 24 hours).
6. If someone cancels, we will contact the names on the waiting list, starting with the first name listed.

Activities:

Because We Care: Chair: Lynda DeAngelis 719-440-4643

Please be sure to contact Lynda when you know of any member experiencing any health or life changing experiences. She will send out the appropriate card and in some cases contact the member directly for any follow up. Thank you for your support on this, it really does make a difference.

Reel Deal. Chair: Chelley Gardner-Smith 719-640-0069

Meets 3rd Tuesday or 3rd Sunday of the month

We meet at Tinsletown Theater and, for those who are interested, gather for refreshments or dinner after the movie. Tuesday meetings are ladies only; spouses/partners are welcome to attend on Sundays.

Walkie/Talkies. Chair: Cheryl Eaton 719-331-5554

Meets Tuesday mornings. Location TBA

Meets once a week for a moderate 40 minute to 1 hour adventure. Sign up at the meeting and receive a weekly email giving location and time. Join us for fun hikes, friendship and fellowship.

Inner Strength Tribe. Chair: Janis Cross 719-294-2371

Date: TBA Location: TBA

Do you want to step up your mental health and be able to grow your relationships with peace and satisfaction in your life? Are you struggling with how life is sometimes difficult to handle? Come and learn new tools that will teach you to see the world through a new lens. In group sessions, we will explore self-care practices like mindfulness exercises, journaling, or creative expression. **Limit 10 people.**

UFOs. Chair: Barbara Nisar 719-394-5499

Meets 1st Monday of the month, 1:00 pm. Location TBA by email.

A low key group of women who like to chat while finishing their unfinished projects.

Invest In Yourself. Chair: Ann Ries 719-577-6333

Meets 4th Wednesday of the month, 10:00 am. Location TBA.

Group will provide education on various wealth planning topics to include investment, retirement, financial, estate and tax planning as well as ways to manage cash flow, budgeting and funding college savings programs to name a few.

Activities:

Wine & Friends. Chairs: Barb Zarish 719-960-6117

Elaine Claussen 719-447-5771

Meets 3rd Friday of the month, 6pm to 8:30pm.

Next get together is January 19th,

At the home of Janie & Rick Levis, 8030 Sawback Tr, 80919

Couples are welcome and should bring a bottle of wine and an hors d'oeuvre to share. Singles please bring your choice of either. RSVP to Barb or Elaine.



Mah Jongg. Chair: Maria Polelli Contact: Lu McCoy 719-540-8681

Meets 1st Tuesday of the month, 1pm to 4pm, home of Maria Polelli.

This is an exciting and challenging Chinese tile game. Everyone on the sign up list will be sent an email with upcoming month's date and time. Reservations will be accepted on a first-come, first-serve basis.

Pickleball. Chair: Lu McCoy 719-540-8681

Meets on Fridays 10am - 12pm. Location: Springs Pickleball, 780 Vondelpark Dr, 80907

Pickleball is the fastest growing sport in America! Join this new group and see what all the fuss is about-I mean fun!

We will play inside (out of the hot sun, cold air or wind), on brand new courts. Try it once and you will be hooked –I mean sold! A paddle, a whiffle-ball thingamajig, and some good sturdy court shoes, and you are on your way!

The nicest people play pickleball – you will have a ball, literally!

Canasta Hand & Foot. Chairs: Edna Clark 719-527-1519

Lu McCoy 719-540-8681

Meets 2nd and 4th Thursday of the month, 10am-2/3pm.

Country Club of Colorado, Gates Grille, Cheyenne Mountain Resort (downstairs)

We will teach you if you have never played or are a little rusty. Join us for a few hours, have fun and make friends! We break for lunch around noon.

Pokeno. Chairs: Sharon Wallace 719-482-6298

Tami Dickinson 623-670-8298

Meets 2nd Monday of the month, 1pm. Location TBA

This game is very similar to Bingo, fun and very easy to learn. We meet at different homes, each player brings an unsigned \$5 gift bag for the gift stash and contributes \$1 towards the grand prize.

	Week 1	Week 2	Week 3	Week 4	
Monday	1:00 pm UFOs	1:00pm Pokeno			Invest in Yourself Date & Time TBA
Tuesday	Walkie Talkie 1:00 pm Mah Jongg	Walkie Talkie 1-3pm Decorating Divas	Walkie Talkie	Walkie Talkie 6:30pm Lets Get Lit	Inner Strength Tribe Date & Time TBA
Wednesday	10:00am Literary Ladies	9:30am General Meeting 11:30am Lunch Bunch	11:30am Ladies Gourmet		
Thursday	2-4pm Nurturing Yourself	10-2pm Canasta Hand and Foot	10am Readers Choice	10-2pm Canasta Hand and Foot	
Friday	10:00 am Pickleball	10:00 am Pickleball	10:00 am Pickleball 6:00pm Wine & Friends	10:00 am Pickleball	
Saturday					
Sunday			Reel Deal		

	Week 1	Week 2	Week 3	Week 4	