

Cheyenne Mountain Newcomers Club

Vol. 31, Issue 9, May 2016

Presidents' Message

We are eagerly anticipating the May 11th Spring Luncheon which will be held this year at the Mining Exchange Hotel. There will be free valet parking to make everything easier! In addition to a festive program and luncheon, we will welcome our new Executive Board. Our new Co-President, Judith McKay, has a brief biography later in this newsletter. The luncheon is the time to renew your membership to CMNC. Dues continue to be \$30.00 per year! Bring your checkbook to ensure your place in the CMNC Directory which comes out in October. The cutoff date for being included in the Directory is the September general meeting. If you are unable to attend the luncheon, you may mail in your renewal application and check to CMNC PO Box 6001, COS 80960 sometime this summer.

Speaking of the Directory: we continue to look for an Advertising Chair. The CMNC Directory is funded by our advertising. It's that simple, and that critical to our club. There is an advertising notebook that serves as a detailed "how-to" guide for this position. This important position needs to be filled before the June Executive Board meeting when they put together the 2016-2017 budget.

We are happy to announce that the Rev. Rose Salcetti has volunteered to be our Program Chairperson next year. Thank you, Rose!

If you have not already done so, take a look at our new website, cmnccos.org. We are confident that this improved web site will be a valuable marketing tool to attract new members.

Get ready for a new look to your CMNC newsletter coming in September! Mary Kervick takes over the position

Co-Presidents	Janie Levis 465-2455 jtlevi1@gmail.com Susan Puryear 635-6660 suebugrn@gmail.com
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The CMNC Webpage is available at www.cmnccos.org . The user name is CMNCC and the password is cmnccos09. For more information contact: Linda Steckel, Webmaster at webmastercmnc@gmail.com

of newsletter editor from Karen Quesnell. We want to offer a HUGE thank you to Karen for all of the time and effort she has put into our newsletter.

(Thanks for putting up with me for the last 4 years, or maybe 5-memory is going!! Karen)

Lastly, have a wonderful summer! Have fun traveling, gardening, cooking, hiking and being with friends. Thank you to all who have contributed to CMNC this year, and we look forward to a dynamite new year coming up.

Susan and Janie



Let's Get Physical



Games We Play

STRONG WOMEN

- Day:** Every Monday at 8 AM
- Place:** The Palisades
- Bring:** Your own hand and ankle weights
- Chairs:** Marjorie Baker 355-3212
Linda Schierholz 330-0898

All of us Strong Women exercisers will be meeting at Marge Baker's house every Monday morning at 08:00. Bring your hand & ankle weights and join us for an hour of health & fitness.

Linda Schierholz is a certified instructor for the program and will work with you to progress in the program, make adjustments to the exercises that your doctor suggests, and help keep your active lifestyle!

HIKING

- Day:** 1st Friday and 3rd Thursday
- Date:** May 6th and 19th
- Time:** TBD
- Place:** TBD
- Chairs:** Pam Pappas-Jones

If you like fresh air, sunshine and spectacular scenery, hiking is for you!

All ages and fitness levels are welcome. Interested? Put on your hiking boots and sunscreen, grab your water and sunglasses and join the group for a fun experience.

Starting in June, hiking will be on the 2nd and 4th Friday on each month

CANASTA

- Day:** 2nd and 4th Thursdays
- Dates:** May 12th and 26th
- Time:** 10:00 AM - 2:30 PM
- Place:** The Cheyenne Mountain Resort
- Chairs:** Carol Banks 817-692-9137
starbenterprise@sbcglobal.net
Edna Clark 527-1519
edna39@pcsys.net

Come and join us in the stunning setting of the Cheyenne Mountain Resort. Besides the fun we have playing Canasta we enjoy the camaraderie, making new friends and great food. If you love playing cards but don't know how to play Canasta, we'll patiently teach you.

MAH JONGG

- Day:** 1st and 3rd Fridays
- Dates:** May 6th and 20th
- Time:** 10:00 AM - 2:30 PM
- Place:** The Village at Skyline, Building 4
- Chair:** Clare Gardner 559-2217
rhgcg7314@msn.com
Judy Finkelstein 579-0734
mjfine2@gmail.com

Mah Jongg is an ancient Chinese game that is played with tiles. If you like to play cards you will like this game. We welcome any ladies who would like to learn a new, and sometimes addictive game.

We hope to sign up some new players at the General Meeting who we will be happy to have join us. If you have been hesitating about learning now is the time. We love to teach new players and make new friends so think about joining us.

Please bring your lunch. We will provide coffee and tea. The hostess of the week always provides a wonderful dessert.



Food, Glorious Food

SATURDAY NIGHT SUPPER CLUB

Day: Saturday
Date: May 28th
Time: 6:00 PM

Place: TBD

Chairs: Sue Bux 635-4116
 sebux1060@comcast.net
 Dottie Leib 527-1558
 tdtc@aol.com

The Saturday Night Supper Club will have its last dinner of the year on May 28, which will be a Greek-inspired menu created for us by Jeanne Hayes. Because of extra time needed to plan this evening, the deadline for reservations is Monday, May 2. Thank you to all who participated in our dinners this year and especially to those who hosted. Dottie and I hope you enjoyed the evenings of food and fellowship as much as we did. Look for information about next year's dinners in the September newsletter.

LADIES GOURMET

Day: Wednesday
Date: May 18th
Time: 11:30 AM
Place: Home of Harriet Tuckman

Chairs: Harriet Tuckman 650-796-7595
 inplace@comcast.net
 Evelyn Longo 576-9942
 jerseydd55@yahoo.com

Season Finale! Please join us for a BBQ at the home of Harriet Tuckman. Your co-chairs will be doing all the cookin' this time around.

Since there is no general meeting the month of May due to the Spring Luncheon, you must email your RSVP to Evelyn at jerseydd55@yahoo.com by Monday, May 9th.

MEXICAN TRAIN

Day: Monday
Date: May 16th
Time: 10am

Place: The Cheyenne Mountain Resort

Chairs: Carol Banks 817-692-9137
 Connie Bourke 719-576-5401
 bourkec@comcast.net

Please join us at the resort for Mexican Train. We play the third Monday of the month. Mexican Train is an easy game played with dominoes. Enjoy a wonderful lunch and conversation with a great group of ladies.

POKEENO

Day: 2nd Monday
Date: May 9th
Time: 1:00 PM until 3:00 PM (or later)

Place: TBD

Chairs: Sharon Wallace 579-7529
 sharon.m.wallace@comcast.net

Many thanks to Mary Hotchkiss for hosting our raucous gathering in April. In May our newest player, Diana Mikkelsen, will treat us to lunch before we play. Space limits us to 10 players and at present all slots are filled. If contacted, I will create a wait list in the event any of the lucky 10 have to cancel.

The dynamic duo of Diane Passno and Mary Hotchkiss will co-chair Pokeeno beginning in June. We continue to play throughout the summer months if there is interest and we have willing hostesses.

THE LUNCH BUNCH

Day: Wednesday
Date: May 11th
Time: 11:30 AM

Place: The Mining Exchange

Chairs: Judy Finkelstein 579-0734
 mjfine2@gmail.com
 Jean Enright 203-6005
 dje3113@aol.com

See you at the Spring Luncheon

SINGLES GROUP

Date: May 5th
Time: 12:00 noon
Place: Hacienda de Colorado
Event: Cinco De Mayo

Chair: Ann Montgomery 226-6769
Barbarah Coleman 550-8999

Barbarah and Ann began their tour of duty at the helm of the Singles' Group two years ago, celebrating Cinco de Mayo at a Mexican restaurant. Now we swing full circle to close our adventures with many of you celebrating Cinco de Mayo, this time at the Hacienda de Colorado at the University Village. (Near Costco) As we did two years ago, we will don our bright attire--flowers in the hair, sombreros (?), sarapes(?), floral attire(?). Throw dull, wintery attire to the winds, we're looking for gaiety!

Please RSVP the ayes no later than May 1st to either Ann or Barbarah. Gracias! !Hasta luego!

WHOLISTIC NUTRITION

Day: Thursday
Date: May 5th
Time: 10:00 AM
Place: email for details

Chair: Helen Barcay 330-9724
helenbarcay@comcast.net

Join us each month as we wade through the barrage of conflicting nutrition information that confronts us daily in search of what works best for ourselves and our families.

In May: Get out your wellies to find out what sustainability really means when we visit two local organic, sustainable and biodynamic farms – Ahavah Farm in Peyton (specializing in vegetables, chicken and duck eggs, alpacas and honey) and Wheeler Farm in Penrose (which raises free range chickens, turkeys and pigs as well as produce including heirloom tomatoes). Both farms participate in our local farmers markets and/or community supported agriculture (CSA) programs and have “pure” methods for growing food and raising animals that illustrate the ideal in “farm to table” living. Good for our planet – good for us.

Please contact Helen for further details or to RSVP.

BIRTHDAY BELLES

Day: Wednesday
Date: May 11th
Time: 11:30 AM

Place: Spring Luncheon

Chairs: Ximena Chacon 964-6153
de Leeper ximena.chacon.leeper@gmail.com
Anita Livingstone- toadee26@gmail.com
Pirraglia
Carol Banks starbenterprise@sbcglobal.net

Happy Birthday to the following ladies celebrating their birthday in May:

5/1 Debbie Nelson
5/3 Suzanne Keel;
5/5 Joan Hershberger;
5/6 Anna Bradberry;
5/11 Sharon Wallace;
5/12 Patti Allison;
5/17 Leslie Herzog;
5/18 Marie Poyzer;
5/20 Darla McClung;
5/25 Fran Williams;
5/26 Cynthia Crater;
5/28 Lynette Bickley.

Birthday Belles needs new chairpersons. Please contact the new Co-Vice Presidents or Anita at toadee26@gmail.com.

WINE AND FRIENDS

Day: 3rd Friday
Date: May 20th
Time: 6:30 PM

Place: Home of Nancy Allen

Chairs: Bobbie 635-2373
Alberts bobbiealberts@comcast.net
Elaine Brush 510-5784
elainebrush@gmail.com

W&F members who RSVP bring food, wine, and good cheer to share at a host home. Husbands and significant others are always invited. Yearly dues - \$5/couple, \$3/single.

An email with details will be sent to members.



Live and Learn

WOMEN OF WEALTH

Day:
Date:
Time:
Place:

Chair: Janis Cross 577-6322
janiscross@mssb.com

No meeting in May, see you in September.

PHILHARMONIC MUSIC MAKERS

Day: Friday and Saturday
Date: May 13th and 14th
Time: 7:30 PM
Place: Pike's Peak Center

Chairs: Pamela Street 527-1002
pstreet@cm9440.com

POPS will be sold out this time. Look for your email from the Philharmonic office, CMNC Music Makers! We will NOT have a special event after the concert, but call as soon as you hear from Catherine Creppon. This POPS is Rhapsody in Blue conducted by Josep Caballe-Domenech with Kevin Cole at the piano.

NOVEL WOMEN

Day: Wednesday
Date: May 4th
Time: 10:15 AM

Place: Hooked On Books, 10 East Bijou

Chairs: Robyn Hamilton 344-8731

Book: "The Art of Hearing Heartbeats" by Jan-Philipp Sendker

NURTURING YOURSELF

Day: Tuesday
Date: May 3rd
Time: 2:00 PM - 4:00PM

Place: Home of Susan Jones

Chairs: Robin Tapp 520-3801
balancedhealth@earthlink.net
Ellen 266-4817
Lukasik ellenb47@gmail.com

Are you someone who wants to take better care of herself, but isn't sure how? Do you like to converse about topics that are a little deeper than, "Where did you get those shoes?" Then Nurturing Yourself may be just the group for you.

This year's agenda includes an array of thought-provoking and conversation-stimulating short documentary films such as "I Am" and "Fabulous Fashionistas." At each meeting we will view the selected film and follow up with discussion and very possibly a good dose of laughter.

At our May meeting, we will be viewing "Happy". Please RSVP directly to Susan by Friday, April 29th if you plan to attend. Be sure to send Ellen your contact information if you would like to be kept apprised of our doings this year.

DECORATING DIVAS

Day: Tuesday
Date: May 10th
Time: 1:00PM - 3:00PM

Place: Home of Bobbie Alberts

Chairs: Nancy Price 520-5088
Weddle np-interiors@comcast.net
659-2613
Monica Sharp monicasharp@kw.com

The Divas will be meeting at Bobbi Alberts lovely home for a Wine and Paint party!! Cathy Markham, who is a very talented artist, will be supplying us with all paints, canvas, and everything we need to create a fabulous painting of our very own! She will even lead us step by step if needed. Please bring wine or beverage and a snack and let your creative juices flow! Remember we don't have to be artistically talented, we just want to have fun! Please rsvp Nancy if you wish to join us.

MOVIE MAVENS

Day: Sunday
Date: May 15th
Place: Tinseltown or Kimballs
Chair: Audrey McGuire 540-5613
Linda Steckel 659-2342

Several good movies coming up, at least according to the previews. All those signed up at the General Meeting or are on the Movie Mavens mailing list will be emailed on lucky Friday May 13th. In the message Audrey will tell you which theater, show times, restaurant and time we are meeting on Sunday, May 15th. Please RSVP by replying to the message, indicating the number of people attending in order for us to make reservations for dinner. We will meet in the lobby of the selected theater.

We are looking forward to seeing all of you on May 15th.

WELCOME TO COLORADO

Day: Friday
Date: May 20th
Time: 10:30 AM
Place: The Demonstration Gardens, Horticultural Art Society, 222 Mesa Road
Chairs: Judy Finkelstein 947-0724
mjfine2@gmail.com
Carol Banks 817-692-9137
starbententerprise@sbcglobal.net

NOTE: The date change to the 3rd Friday.

This month we will be taking a tour of the Demonstration Gardens of the Horticultural Art Society. If you have any interest in gardening or plants this is a must visit.

FYI, if you are getting your garden started, their spring Plant Sale will be held on May 13th, 14th, and 15th. It is open to the public.

Directions: I 25 to the Uintah exit (#143). Head East. Take the 1st right at Glen Ave. go 1/2 mile to the Demonstration Garden.

Since the May meeting is our Spring Luncheon please respond by email or phone to sign up for this tour.

LITERARY LADIES

Day: Wednesday
Date: May 4th
Time: 10:00 AM
Host: Valerie Smith
Chair: Margaret 633-4661
Brettschneider ebrettmbour@aol.com
Cheryl Baeza 579-7435
hechb2cs.com
Leslie Herzog 540-2247
jlherzog66@gmail.com
Book: "The Truth According To Us" by Annie Barrows

Unfortunately, membership in Literary Ladies is closed for now.

READERS CHOICE

Day: 3rd Wednesday
Date: May 18th
Time: 10:00 AM
Host: TBD
Chair: Karen 715-340-1288
Halverson farleyhalverson@gmail.com
Randi Hammer hammerrandi@yahoo.com

Readers Choice book club invites you to participate in a book recycling/exchange. Bring any book(s) you wish to recycle and exchange for a book of your choice.

HAPPY BOOKERS

Day: Wednesday
Date: May 25th
Time: 2:00 PM
Place: Home of Barbara Potter
Chairs: Barbara 576-3569
Potter bkpotter2003@yahoo.com
Book: "Our Souls at Night" by Ken Haruf

There are no membership openings in Happy Bookers at the moment.

CMNC Spring Luncheon



A LEGACY
OF ELEGANCE

MAY 11, 2016

THE MINING EXCHANGE
8 SOUTH NEVADA
11:00 AM LOBBY
MEMBERSHIP RENEWAL
11:30 LUNCH

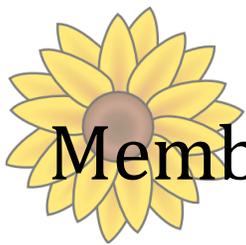
Suggested attire: black, white and gold

Free Valet Parking

Dust off your hats & gloves and join us to celebrate an era of elegance and history.

Meet friends in the lobby at 11 to renew your membership and then enjoy a served lunch at 11:30.

Don't forget to bring your checkbooks to the Luncheon!!!



Membership

SPECIAL EVENTS/INFORMATION:

Co-Chair Biography

JUDITH MCKAY

An Ohio gal is now living in Colorado Springs by way of circumnavigating the world – with a bunch of curiosity, a profession as an accountant and financial manager, a student and a teacher, AAUW member, and an artist on the stage, canvas and paper, always ready and willing to share stories through her radio talk show, Voices and Views, and to have fun and be ever so grateful for those that continue to make life richer.

MOUNTAIN MEN (C3M's)

Day: 2nd Thursday

Date: May 12th

Time: 8:00 AM

Place: Village Inn, Harrison and S. Circle

Chairs: Rich Tuttle

richtut@aol.com

The Mountain Men is an informal group of about 40 men who meet once a month for breakfast, good fellowship, and to plan outdoor activities. These activities normally consist of monthly hikes in the mountains. If interested in joining this group, please contact Rich Tuttle. All contacts are made by email so please be sure we have your correct email address.

COMMUNITY BULLETIN BOARD

We are starting a Community Bulletin Board that will be located in the foyer of the church before our meetings. This is an opportunity to bring in information that you would like to share concerning community events that are dear to your heart. They could be concerning fund raisers, like Art in the Park or Heart Ball but please nothing that will be soliciting money for personal gain. They need to be approved by Susan K. Jones @ sjsjones@aol.com or 719.963.5262 four days before the meeting.

DIRECTORY CHANGES/CORRECTIONS

Cheyenne Mountain Newcomers Club
P.O. Box 60001
Colorado Springs, CO 80960

Change Service Requested

CMNC MEMBERSHIP

Please make your \$30 check (\$45 with mailed newsletter) payable to CMNC and mail with this form to:
Membership, P.O. Box 60001, Colorado Springs, CO 80960 (yes, 80960)

Today's Date:		Please circle:	
Name:		New	Renewing
First	Last	Spouse:	

It is important that you complete the **ENTIRE** form. This information will be included in the next Membership Directory.

Street:	Phone:
City:	Hometown:
Zip Code:	Moved From:
Email Address:	Birth Month: Day:

Membership year runs June 1 to May 31