



May 2023



2nd Wednesday of Month
9:30 A.M.
Broadmoor Community Church
315 Lake Avenue

Presidents' Letter

"May, more than any other month, wants us to feel alive" -
Fennel Hudson

Our 2023-24 Executive Board was elected on April 12th and will be installed at our May 10th luncheon. They are listed in the April Newsletter. The only position still open is Communication/Publication Director which Sharon Wallace has so ably filled for us. She is ready to train whoever takes this job. Interested in doing this or just curious about what it entails? Contact Jackie Whipple 619-9940-9447.

As Presidents, we sincerely thank our Executive Board for their unwavering dedication, leadership, and contribution to our club. These ladies are the soul of our club.

The Executive Board would like to extend a grateful thank you to the General Board members, Activity Chairs, and Special Events Committees and acknowledge their generous gift of time and talents. Thank You. These ladies are the heart of our club.

We are happy that most of the General Board Members have elected to serve another year! The new General Board members are Hospitality; Kya Bryant who will join Debbie Turk, Programs; Barb Zarish Johnson, Jackie Whipple, and Chelley Gardner-Smith.

Activity Chairs are still needed for "Ladies Gourmet." Jackie Whipple and Susan Jones are willing to mentor the next Chairwomen.

Website <http://cmnccos.org>

Executive Board

Co-Presidents

Cynthia Frank 719-439-9966
Jackie Whipple 619-994-9447

Vice Presidents

Membership
Susan Jones 719-963-5262

Activities

Lisa Knowles 303-514-5915

Treasurer

Lisa Lucke 719-306-3185

Secretary

Cathy Stamps 719-964-5324

Communication Director

Sharon Wallace 719-482-6298

Webmaster

Linda Ewton 719-659-2342

Newsletter

Chris Clementi 2022cmnc@gmail.com

Policies

Prospective members shall be required to pay membership dues after attending two club functions.

Former members must rejoin the club to attend any activity.

CMNC general meetings will be cancelled if D-12 schools have a delay or cancellation

Presidents' Letter Continued

"Welcome to Colorado" also needs chairwomen. Barb Zarish Johnson and Jackie Whipple have compiled research and contacts for venues and tours for this new activity. Do either of these activities call to you? Contact Jackie 619-994-9447.

Our year in review:

*A delightful "Summer Garden Party" hosted by Susan Jones began our season.

*A "Welcome New Member Silver Tea" was hosted by Edna Clark in November.

*In December, we enjoyed our Holiday Luncheon and Music Program.

*The new "Creative Arts Program" was very popular and a huge success!

*We increased our membership from 99 to 166 members!

*Our Programs and Activities enhanced the year.

*Several new activities were created.

Additionally our new "Fall Kick-Off" committee has already begun making plans for us!

Our Spring Luncheon, May 10th at The Pinery at the Hill, will be a lovely time to celebrate our friendships, young and old. It is also a great opportunity to invite and introduce your friends to our club. An Asian inspired menu and cash bar will delight your tastebuds. We are fortunate to have this venue at the modest cost of \$35.00 pp. Get your check in the mail by April 30th. Mail your checks to CMNC, PO Box 60001, Colorado Springs, CO 80960.

You may also include a separate check for \$40.00 to be applied to your 2023-24 membership dues. After years of consideration our administration has implemented this warranted increase. Thank you for your continued participation. YOU make the club what it is, YOU make ALL the difference!

Warmly,
Jackie and Cynthia

Programs

In April, the club learned about Friendship Force, an organization that encourages travel and exchanges throughout the world. Anyone interested can contact Steve Tindall at sct1227@gmail.com. That concludes the CMNC programs for 2022-2023. We are excited to see what next year brings, as Barb Zarish and Jackie Whipple take the reins!

Michelle Watts and Chelley Gardner-Smith

SPEND AN AFTERNOON IN OLD VIENNA

At Newcomers' Annual Spring Luncheon
Wednesday, May 10, 11-2 p.m.

The Pinery at the Hill

775 W. Bijou

There will be great food!

Enjoy a performance by the Broadmoor Waltz Club!

It's all about atmosphere, friendship, and a day at The Pinery like no other!

Bring a Friend!

SIGN UP NOW, \$35.00 Per Person

Deadline to pay is April 26, two weeks before the luncheon

See Karen Cacy with your check or mail your check to:
CMNC PO Box 60001, Colorado Springs, CO 80960



Wine & Friends

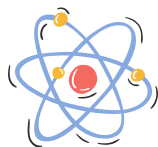
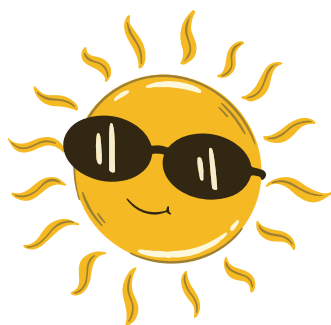


**Wine and Friends
Third Friday
from 6-8:30 p.m.**

Marie Poyzer and Karen Cacy, Wine & Friends Co-chairs are stepping down in September. Volunteers needed!!

Confirmed throughout the summer as follows:

May – Isabelle Rowsey
June – Karen Adams (T)
July – Leslie Herzog
August – Donna Sterns
September – Elaine Clausen



Reader's Choice Chair Daria McClung

The Reader's choice selection for the May 18th meeting is Lessons in Chemistry by Bonnie Garmus. The Hostess will be Shelley Elam. Information will be emailed to members of the group.

This will be the last meeting of the season! See everyone in September!

Lunch Bunch May 10th, 2023

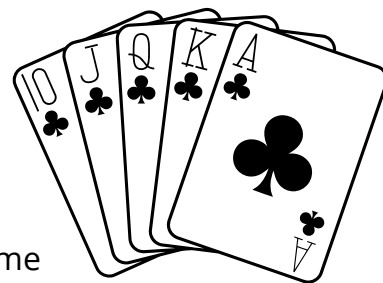
FOR MAY, THE LUNCH BUNCH will be enjoying a sumptuous lunch at THE PINERY with all the other CMNC ladies for the year-end luncheon in May! SEE YOU NEXT SEPTEMBER!!



Bridge Group Meeting

**4th Monday of the month @12:30
Judy Hood 719-661-0976**

This group will be an opportunity for CMNC Bridge players to get together monthly to play and have fun starting in September. I learned there are some of you who do not know how to play bridge, but are interested in learning. That's exciting to know. Although I have played this game for many years, I am not qualified to teach. The last thing I want to do is overwhelm you through my incompetence as a teacher. Bridge is fun, a new language, a memory exercise and a math game all in one. There is much to learn as you play this challenging game.



As your starting point, learners of this fun and highly competitive game can call the Colorado Springs Bridge Center to ask which days and times they have beginner's games and lessons. I warn you, it's very addictive, but in a good way! It keeps your mind alert. You will be glad you were introduced to it. Those of us who already play anticipate welcoming you when you have learned the basics. The number of the B.C is 719-634-7250 and it is located at 901 N 17th Street, right at the end of 17th. If you have questions, email me at judyhood1963@gmail.com.

Decorating Divas

May 9th, 2023 from 1 pm- 3 pm

Where: The Art Bank and Oriental Rug Center

610 N Tejon St, Colorado Springs, CO 80903

Chairs: Nancy Price-Weddle 719-332-2644

MB Shively 719-527-0612, 520-631-8522



The Divas will be meeting at the Art Bank and Oriental Rug Center. The owners', Blake and Richard Wilson took over the family business from their father and are national experts on the art, design and heritage of Oriental rugs. Blake Wilson, one of only 34 certified rug appraisers in the US, will give us a seminar on Oriental rugs. We will also be able to see hundreds of rugs, as well as artworks ranging from a 200-year-old carved wooden door from Rajasthan to scores of spectacular paintings by historic Colorado artists. The Art Bank and Oriental Rug Center is the only art gallery in the Pikes Peak region specializing in works by early Colorado and Colorado Springs artists.

Please RSVP to MB to be included in this very informative, and enlightening experience.

Let's Get Lit!



Our next book is *The Island of Sea Women* by Lisa See. We will be meeting May 23rd at 6:30pm at the home of IsaBelle Rowsey. We will be meeting each month throughout the summer. Details will come in an email. We are closed to new members at this time.

Walkie/Talkies

Walkie Talkies

Chair: Cheryl Eaton 719-331-5554

Hi, my name is Cheryl Eaton and I chaired a walk/hike group (Walkie/Talkies) last year. We meet every Friday for a moderate 40 to 1 hour adventure. I have a few locations to explore and enjoy the beautiful scenery of Colorado Springs. I will have a sign-up sheet at monthly meetings and I will send out an email on Sunday stating where and what time. Come join in the fun and fellowship. Depending on the weather, the time will vary. I try to accommodate between serious hikers and less serious hikers. So, the hikes are fun and they share friendship and fellowship. I would like to continue to walk/hike throughout June and July this year. Further information will be sent to participants. Cheryl Eaton

Literary Ladies



Chairs: Mary Kervick and Barbara Monn

Literary Ladies meeting Wednesday, May 3rd, 10 am at the home of Valerie Smith.

The book is: *Facing The Mountain* by Daniel James brown



Howdy CMNC Drama Queens!



Mark Your Calendar

Howdy There, CMNC Drama Queens! We have our lineup for the season so add these dates to your calendars and buy your tickets now. It will always be your responsibly to buy your own tickets. When possible, we will sit together, but that cannot be promised, as I am sure you understand. That is why we try to go to a place to eat afterwards or before we go to the show. (I will need a head count to insure our reservation numbers as soon as you decide to go- sorry I can't promise the restaurant can accommodate us.)


As always, sign up, AND text me if you plan to go: Chelley 719-640-0069.

All events are open to CMNC folks and their guests, partners, spouses, or friends.

Taming of the Shrew

July 28th at 7:00 pm
Center for the Arts

Tickets are online.

 This play will infuriate you.

Taming
OF THE Shrew
BY WILLIAM SHAKESPEARE

Invest in yourself

Thursday, May 18th at 3:00 pm
May Location: TBA to participants

Co-chairs for Investing in Yourself: Ann Ries, CFP, CRPS, CDFIA and Grace Lobato, CRPS
Ann's contact 719-577-6333.

Invest in Yourself activity group will provide education on various wealth planning topics to include investment, retirement, financial, estate, and tax planning as well as ways to manage cash flow, budgeting, and thoughts on funding college savings programs just to name a few. Meetings will be based on timely topics and topics of interest brought up by the group. Free parking will be provided. The topic will be announced at the monthly meetings and guest speakers will be brought in occasionally based on the topic being covered. The day and time of the meetings each month will vary.

UFOs

Chair: Barbara Nisar

1st Monday of the month @1:00 Will notify members by email as to place and time

UFOs is a low key group of women who meet to chat and if wanted, bring an unfinished project to work on while chatting.



Because We Care



Lynda DeAngelis

719-579-5070

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the SMALLEST ACT OF CARING, all which have the potential to turn a life around." Leo Buscaglia

Ladies, please remember to contact me when you know or hear about one of our members experiencing a health problem, surgery, hospitalization, death in the family or any other life changing situation. I will then send out the appropriate card on behalf of all our members. In some cases, I will follow up with a phone call to see how things are going and if any help is needed.

Thank you for your support...It is because of all of you and many previous members that we are such a kind and caring group to include this committee in our organization!

Welcome New Members

Sally Thomas



Ladies Gourmet

Third Wednesday

Marie Ryan 719-310-7810 & Sharon LeRoy 719-337-0426

Happy May to our Gourmet Ladies! This month we are going to mix things up a bit and have Chef Jess come cook for us. I recently attended a yoga retreat in Temecula, California and one of the highlights of the retreat was the delicious and mouth-watering meals that Chef Jess created for us. Fortunately, she lives in Colorado Springs and all of you will get to experience her fabulous food. Our last Ladies Gourmet will be held on May 17th . I'll be hosting at my home. This will be a real treat and will be a fun way to celebrate our wonderful group. Since our next general meeting will also be our spring luncheon, please contact Sharon LeRoy if you are interested in coming. She can be reached at sharonleroy10@gmail.com.



Canasta Hand & Foot

2nd & 4th Thursdays 10am-2/3pm

Country Club of Colorado, Gates Grille, below Cheyenne Mountain Resort (downstairs)

Chairs: Edna Clark 719-527-1519 and Lu McCoy 719-540-8681

We'll teach you if you are a little rusty or have never played before. So, come join us for a few hours, get away from your daily routine and make friends! We break for lunch around noon.

Pokeeno

2nd Monday, 1pm

Chair: Diane Passno 719-660-0712

Pokeeno is a game very similar to Bingo. It is fun and very easy to learn. We meet in the homes of individual members, and after playing several games, enjoy a time of refreshment together. Each player brings a \$5.00 unsigned gift bag to contribute to the prize stash, and also adds \$1 to our cash pot for the "grand prize". If you are interested in playing, please contact Diane.

Mah Jongg

1st Tuesday

Mah Jongg continues, thanks to Maria Polelli who will host 2 tables in her home the first Tuesday of each month. Play will begin at 1 pm and continue until about 4 pm. She will provide drinks, or you may BYO. Please sign up at the meeting for this exciting and challenging Chinese tile game. Everyone on the sign-up list will be sent an email with date and time for the next month's play date. Reservations will be accepted on a first-come, first-serve basis. *We will not be meeting during the summer months – June, July and August

Chair: Maria Polelli, 719-649-4896

Contact: Lu McCoy, 719-201-6348

Zoom

Hello Ladies,

April will be the last month this year to join us through Zoom . If you are unable to make the General Meeting just text IsaBelle Rowsey at 719-651-9656 with your name and email by the evening of the second Tuesday.

Thanks, IsaBelle

The Reel Deal

May meeting: Sunday, May 21 – mid-afternoon matinee (movie schedules permitting) followed by dinner at a nearby establishment for those who are interested. Spouses are welcome! I'll send out the movie options for a vote on May 18.

Either the 3rd Tuesday or 3rd Sunday

The Reel Deal movie club meets once a month on either the 3rd Tuesday or 3rd Sunday for an afternoon movie. Those who are interested gather at a nearby establishment for refreshments or a meal after the movie. Tuesday meetings are for ladies only; spouses/partners are welcome to attend on Sundays. Please contact Becky Wetzel (719-200-2859) if you're interested in joining!

Where: Cinemark Tinseltown (on Tuesdays with a free Movie Rewards membership, you can purchase your ticket for \$5.75; otherwise it's \$6.25).

Birthdays May

Jennifer Guinn May 2
Sharon LeRoy May 2
Suzanne Keel May 3
Kathy Coombs May 3
Sharon Wallace May 11
Leslie Herzog May 17
Bonnie Bowen May 18
Marie Poyzer May 18
Daria McClung May 20
Fran Williams May 25
Cynthia Crater May 26
Lynette Bickley May 28



Nurturing yourself

A continuation of navigating and flourishing, with grace, as we age.

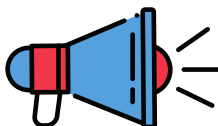
First Thursday 2-4pm

We cover thought-provoking topics and the sharing of ideas while supporting each other from wherever we are on our path. Past topics have included: Being Fearless; Female Friendships; The Joy of Imperfection; to mention a few.



May 2023

| MON | TUE | WED | THU | FRI | SAT | SUN |
|------------------------|----------------------------------|--|---|--|-----|---------------------|
| 1 1:00 pm UFOs | 2 1:00 pm Mah Jongg | 3 10:00 am Literary Ladies | 4 2-4 pm Nurturing Yourself | 5 Walkie Talkie | 6 | 7 |
| 8 1:00 pm Pokeno | 9 Decorating Divas 1-3 | 10 Spring Luncheon at the Pinery from 11-2 | 11 10-2ish Canasta Hand and Foot | 12 Walkie Talkie | 13 | 14 |
| 15 | 16 | 17 Ladies Gourmet | 18 10-12 Reader's Choice 3:00 Invest in Yourself | 19 Walkie Talkie Wine and Friends 6-8:30 | 20 | 21 The Reel Deal |
| 22 | 23 6:30-8:30 Let's Get Lit | 24 | 25 10-2ish Canasta Hand and Foot | 26 Walkie Talkie | 27 | 28 |
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |



- General Meetings will resume in September.