



Have a bloomin' summer!

**May
2025**

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We meet the second Wednesday of each month (September through April) at 9:30 a.m. at the Broadmoor Community Church, 15 Lake Avenue.

EXECUTIVE BOARD

President

Cheryl Eaton 719.331.5554

Vice President

LouAnn McKenzie 650.288.5784

Treasurer

Kim Kacewicz 281.687.2012

Secretary

Jamie Rogers 505.507.6979

Activities Director

Kathy Perkins 720.291.0330

Programs Director

Barbara Zarish 719.960.6117

Membership Director

Dale Spelman 925.999.0343

Webpage: cmnccos.org

Webmaster

Linda Ewton
webmastercmnc@gmail.com

Newsletter

Elaine Claussen
elaine@creativefromscratch.com

This club has a paid membership policy. Prospective members may attend two functions/meetings before paying their annual dues. Former members must rejoin before attending any activities or meetings.

* Monthly meetings are not held when D-12 schools are delayed or cancelled.

What's Inside



May 2025

Calendar of Events

SUN DAY	MON DAY	TUES DAY	WEDNES DAY	THURS DAY	FRI DAY	SATUR DAY
				1	2 Pickleball 10 am	3 Walkie Talkies 10 am
4	5 UFOs 1 pm	6 Decorating Divas 1 pm	7	8 Canasta Hand & Foot 11 am	9 Pickleball 10 am Mah Jongg 11 am	10 Walkie Talkies 10 am
11	12 Pokeno 1 pm	13	14 No general meeting due to 5/15 luncheon	15 CMNC Spring Luncheon 11 am	16 Pickleball 10 am Wine & Friends 6 pm	17 Walkie Talkies 10 am
18	19 Happy Hour Get-Together 3 pm	20	21	22 Canasta Hand & Foot 11 am	23 Pickleball 10 am Mah Jongg 11 am	24 Walkie Talkies 10 am
25	26	27	28 Birthday Belles 4:30 pm	29	30 Pickleball 10 am	31 Walkie Talkies 10 am

Please forgive any errors or typos in this publication.
 This is the last newsletter until September. Enjoy your summer!
 — Your newsletter editor, Elaine Claussen



Spring forward with new beginnings

**Hurry! The RSVP
deadline is May 1**

Join us on May 15 for
our 40th anniversary luncheon to
celebrate a new decade for the club, a
new executive board, and of course, new
members and friends.

The menu will include a delicious chicken
lunch with potatoes, veggies, dessert, and
coffee, plus a cash bar.

The cost is \$45/member, payable when
you **sign up before the May 1 deadline:**

- Mail a check to CMNC to: PO Box
60001, Colorado Springs, CO 80960
- Use Zelle: CMNC2024@yahoo.com

Our theme will be pastels and flowers, so
dress to match! Please, no jeans or photos
inside of the country club.

CMNC SPRING LUNCHEON

DATE May 15, 2025

TIME 11 a.m. to 1:30 p.m.

PLACE Cheyenne Mountain Country
Club at 9 Lake Ave.

Questions?

Call LouAnn McKenzie at 650.288.5784
or email t.mckenzie@comcast.net

May Birthdays

5/01 Kim Kacewicz

5/02 Sharon Leroy

5/03 Kathy Coombs

5/11 Sharon Wallace

5/17 Andi Gregory

5/17 Leslie Herzog

5/18 Bonnie Marquess

5/18 Marie Poyzer

5/20 Daria McClung

5/25 Fran Williams

5/26 Cynthia Crater

5/27 Janet Baeck

5/28 Lynette Bickley



"Cheers to
all of you
lovely ladies!"

May Activities

Summer is almost here, which means many of us will be traveling or otherwise engaged. As a result, some of our regular CMNC Activities will be on hiatus until the club ramps up again in September. If you have any questions, please contact the activity coordinators directly. If they're not available, reach out to Kathy Perkins, CMNC's Activities Director.

Wine & Friends

Third Friday
of the month

6 p.m.

This month, IsaBelle Rowsey and her husband, Robert, will host a spring picnic at their home from 6–8:30 p.m. on Friday, May 16. If you're on our email list, you'll receive an invitation around the first of the month with the address and specifics. **RSVPs are required.** Couples should bring a bottle of wine and an appetizer to share; singles, please bring your choice of either. As a courtesy to our gracious hosts, please don't "drop in" if you did not RSVP and were not confirmed.

Coordinators

Karen Cacy

503.246.4286

Marie Poyzer

719.659.3075

Mah Jongg

2nd and 4th
Fridays

11 a.m.

Join us at The Country Club of Colorado in the Pete Dye room just outside the Gates Grille bar for this exciting and challenging game played with Chinese tiles. We'll break for lunch, then resume play. Monthly email reminders are sent to those who've signed up at the CMNC monthly meetings. No need to RSVP. We'll have tables for both the Chinese and American versions.

Coordinators:

Maria Polelli

719.649.4896

Lu McCoy (to RSVP)

719.540.8681 or 719.201.6348

Canasta Hand & Foot

2nd and 4th
Thursdays

11 am

Enjoy this lively, strategic game twice a month at The Country Club of Colorado, 125 E. Clubhouse Drive. We play downstairs in the back room just behind the Gates Grille, and order lunch about halfway through our play. Players are responsible for their own lunch tabs, and also contribute \$2 each to tip the coffee and tea servers who stock our card room. No RSVP is needed to participate; however, if you're new to this Hand & Foot version or need a refresher, please call Karen Vlasak to arrange a lesson prior to the next group date.

Coordinators:

Karen Vlasak

719.635.2852

Lu McCoy

719.540.8681

May Activities, cont'd

Pokeno

2nd Monday
of the month

1 p.m.

Pokeno is a fun, easy game like bingo with cards. We play at members' homes and each month's hostess determines the number of players she can comfortably accommodate. Participants should bring a gift valued at \$8 or more concealed within a paper bag, plus \$2 in cash for the blackout round.

Coordinators:

Tami Dickinson
Sharon Wallace

623.670.8298
719.482.6298

Pickleball

Every Friday
10 a.m.

Pickleball is the fastest-growing sport in America! Join us to see what all the fuss is about...and to have a ton of fun! We play indoors (out of the hot sun, cold air, and wind) on the new courts at Springs Pickleball, 780 Vondelpark Drive. Try it once and you'll be hooked for sure! A paddle, a whiffle-ball thingamajig, and a pair of good, sturdy court shoes, and you're on your way.



**WE NEED A VOLUNTEER TO RUN THIS POPULAR
ACTIVITY! IF INTERESTED, PLEASE CONTACT KATHY
PERKINS AT 720.291.0330**

Birthday Belles

4th Wednesday
of the month
4:30 p.m.

Join us as we celebrate members' birthdays each month at Elevations Lounge in the Cheyenne Mountain Resort. On Wednesday, May 28, we'll honor all of our May birthday belles starting at 4:30 p.m. Happy hour runs until 6 p.m., plus you can order appetizers or dinner while honoring our lovely gals. Birthday crowns, cards, and a special Elevations surprise for our b-day besties are just the beginning as we gather around the long table at the front of the lounge. Be sure to **RSVP via email at IsaBelleRowsey@gmail.com** no later than one week before each month's event.

Coordinator

IsaBelle Rowsey

503.246.4286

Because We Care

Member care
when needed

Ladies, please remember to contact me when you know of or hear about one of our members who is experiencing a health problem, facing hospitalization or surgery, dealing with a death in the family, or going through a life-changing situation of any kind. I will send out the appropriate card on behalf of all of our members, and in some cases, I will follow up with a phone call to see how things are progressing and if any help is needed.

Coordinator

Lynda DeAngelis

710.440.4643

May Activities, cont'd

Happy Hour Get-Togethers

3rd Monday
of the month
3 p.m.

Join friends at different breweries and pubs for some fun each month! No advance sign-up needed; simply show up for a drink and some great conversation with your community of CMNC women. (Individuals are responsible for their own tabs.)

May 19 @ Goat Patch Brewing Company, 2727 N. Cascade, Ave.

June 16 @ Ivywild, Bristol Brewing Company, 1604 S. Cascade Ave.

July 21 @ Red Leg Brewing Company, 2323 Garden of the Gods Rd.

August 18 @ Lumen8, 402 S. Tejon St (rooftop of the SpringHill Suites)

Coordinator:

Peggy Dolinich

719.964.8778

Walkie Talkies

Saturdays
10 a.m.

Join us at **10 a.m. each Saturday** for a moderate walk/adventure at the Bear Creek Regional Park East. Walks range from about 40 minutes up to an hour. Sign up at the CMNC monthly meetings to get on our email list in case of cancellations.

Coordinator:

Cheryl Eaton

719.331.5554

Decorating Divas

2nd Tuesday
1 p.m.

NOTE: This month, we're meeting a week earlier than usual. On May 6, join us at the home of CMNC member Nancy Long from 1-3 p.m for fascinating insights into the inspiration and creative design from the original owner and builder. Nancy's home is filled with amazing architectural details as well as her own personal touches. If interested in this tour and discovery, be sure to RSVP to MB.

Coordinators:

Nancy Price-Weddle

719.332.2644

Mary Beth (MB) Shively

719.527.0612

UFOs

First Monday
of each month
1 p.m.

A low-key group of members who like to chat while working on unfinished projects. Sign up to get an email with this month's location.

Coordinator:

Carolyn Wheeler

719.527.0640

NEW CLUB ACTIVITIES

★ ★ ★ STARTING SOON! ★ ★ ★

Summer Golf

Day, time & location varies each week

Join this new weekly 9-hole golf group starting this month. We'll play different courses around town and maybe even plan a few road trips to play on out-of-town courses. Play days, tee times, and course information will be emailed weekly to those who have signed up. Want to be added to the email distribution? Send an email to kervickmary4@gmail.com. While this isn't the LPGA, it isn't a beginner's group either, so participants will need to have some experience. We're all about fun, exercise, good lunches after, and maybe even a few prizes! Players are responsible for their own course fees and equipment.

Coordinator:

Mary Kervick

719.649.3658

Scrabble

Day, time & location TBD

Love word play? Friendly challenges? Then sign up to join this new group, if you haven't already. If you want to be on the email distribution for dates and times, please let Kathy Perkins know (see phone number, below). This group is looking for an activity coordinator to send out reminder emails to participants once the dates and times are finalized.



WE NEED A VOLUNTEER TO RUN THIS POPULAR ACTIVITY! IF INTERESTED, PLEASE CONTACT KATHY PERKINS AT 720.291.0330

Explore Colorado

Day, time & location TBD

We're going to explore a host of hidden gems, popular venues, natural treasures, museums, and other fascinating locations across this great city and its surrounding regions. To get on the mailing list for dates, times and locations, please contact one of the activity coordinators, below.

Coordinators:

Nancy Long

605.673.6772

Kathy Perkins

720.291.0330

Cheryl Eaton

719.331.5554

Chapter 1 writers

Day, time & location TBD

Authors and would-be writers welcome! Come share your manuscripts, first drafts, or even ideas you're noodling about in a safe, non-critical environment. Contact Tracy for dates, times, and the location for this new, exciting activity.

Coordinator:

Tracy Alderson

626.487.8033

ON PAUSE FOR THE SUMMER...

Please note: These club activities will take a break starting in June and will pick up again in September. Have a fabulous summer and join us again in the fall.

Decorating Divas

Coordinators:

Nancy Price-Weddle	719.332.2644
Mary Beth (MB) Shively	719.527.0612

Ladies Gourmet

Coordinator:

Karen Cacy	503.246.4286
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Mah Jongg

Coordinators:

Maria Polelli	719.649.4896
Lu McCoy (to RSVP)	719.540.8681 or 719.201.6348

Lunch Bunch

Coordinator:

Gini Dugan	507.319.1700
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Gleaners

Coordinator:

Barb Coons	719.375.3231 or 219.973.9555
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Adopt A Family

Coordinators:

Lynda DeAngelis	719.440.4643
Valerie Smith	719.213.8685