

**WEBSITE**  
<http://cmnccos.org>

**Executive Board**

**Co-Presidents**

IsaBelle Rowsey 719-651-9656

Karen Thomas 757-272-2517

**Vice Presidents**

Linda Ewton 719-659-2342

Gretchen Brewer 248-275-9189

**Treasurer**

Mary Kervick 719-649-3658

**Secretary**

Cathy Stamps 719-964-5324

**Communication Director**

Gale Laubach 719-644-1070

**Webmaster**

Linda Ewton 719-659-2342

**Newsletter**

Karen Thomas 757-272-2517

**Policies:**

Prospective members shall be required to pay membership dues after attending two club functions.

Former members must rejoin the club to attend any activity.

CMNC general meetings will be cancelled if D-12 schools have a delay or cancellation.



*December 2021*

General Meetings 2<sup>nd</sup>  
Wednesday of Month,  
9:30am, Broadmoor  
Community Church,  
315 Lake Avenue

*Presidents' Letter*

Hello All,

It's that time of year already! As a child the holiday celebrations could not get here fast enough, and as an adult it seems they come so quickly! This year though, feels extra special because so many of us did not get to celebrate the Holidays with our friends & families. Hopefully, we will all enjoy this special time together even more. That being said I know I must remind myself to be mindful of my energy and my intentions so I do not burn out. If you can, Karen and I suggest to put a couple selfcare appointments into your busy calendar.

At our last meeting, November 10<sup>th</sup>, we learned some valuable information from Jonathan Toman on how to stay in the know for local events! We were pleased to meet and welcome 13 brand new members into our wonderful club. All totaled, we have 21 new and returning members since our last newsletter. The grand finale of the day was honoring Sharon Wallace with our OUTSTANDING MEMBER AWARD!

We will be hosting our Annual Holiday Luncheon in The Otto Room, as a gift to our members to include a music program held in the Sanctuary, performed by the talented Joe Uveges. Please meet us upstairs in the foyer outside the Sanctuary for luncheon registration and social time between 10 and 10:25 am. Directories will be available at the registration table if you have not already picked yours up. Please be seated in the Sanctuary no later than 10:30am.

\*We are limited to 110 seats for the Luncheon, so if you do not have your reservation in yet, please do not wait. When we have reached our 110-seat limit, we will use time stamps from your email and you will be placed on a waitlist to fill any cancellations. To Reserve your spot, please email us at [2021CMNC@gmail.com](mailto:2021CMNC@gmail.com) with your name and entrée choice of either the Chicken Pasta Primavera (chicken) or Penne Marinara Vegetarian (vegetarian). The menu will also include a Cranberry & Feta Salad, Artisan Bread Assortment, and Dessert.

\*We will take reservations and cancelations through November 29<sup>th</sup>. Unfortunately, if you are a NO-SHOW you will be expected to pay the cost of the lunch which is \$26.30.

Karen and I are looking forward to seeing you soon and wish that you stay safe, warm, and are surrounded by those you care about.

Until next time,  
IsaBelle and Karen

**"For somehow, not only at Christmas, but all the long year through,  
The joy that you give to others is the joy that comes back to you."  
John Greenleaf Whittier**



## Photo Memories -



New Members Standing, L to R: Anika d'Hubert, Sheri Hogland, Melissa Leftwich, Ginny Montgomery-Rose, Cheryl Eaton, Jean Bishop, Pam Holnback, IsaBelle Rowsey CO-President, Junia Imel, Marie Shahani, Laura Hitch, and Deb from Texas.



Cindy Crater wins Skyway Flowers



Sharon Wallace-Outstanding Member



Decorating Divas setting table



Ladies Gourmet





## December

### *General Meeting - Holiday Luncheon 8 Dec*

#### *Programs*

Chairs: Michelle Watts 757-719-0990    Lesley Johnson 290-8573

We are excited to welcome Joe Uveges and his daughter to play for us on Dec. 8<sup>th</sup>.



Joe Uveges has been performing locally and nationally for more than 30 years. A 5 time winner of the Gazette's "Best of" (including the most recent with his daughter Katie) he's performed more than 3000 shows in various incarnations over the years. His "Librarian Song", posted on YouTube, has had more than 138,000 views (primarily from librarians who need a good laugh). Katie Uveges joined her father on stage for the first time at the age of 5 and wowed in that very first adventure. In the last 10 years or so they have been an engaging duo for various audiences along the front range with stories, songs, fiddling, and a lovely harmonic blend that can best be attributed to genetics.

#### *Adopt A Family*

Chairs: Lynda DeAngelis 576-5070    Valerie Smith 213-8685

Many thanks to everyone who participated in Adopt a Family this year, we were able to bring joy to families in need. Thank you for your generosity, Lynda and Valerie

## Food & Wine



## Member News

### The Lunch Bunch



**Wednesday** DECEMBER 10<sup>TH</sup>

**Place:** THE BROADMOOR CHURCH!

NO Lunch Bunch in December due to the Christmas Luncheon during our General Meeting, so plan on Lunching again as a Lunch Bunch in January 2022!

**Ladies Gourmet - 3<sup>rd</sup> Wednesday, 11:30AM**

**Place:**

Chairs: Lisa Lucke 306-3185 Marie Ryan 310-7810

*"Cooking is one of the great gifts you can give to those you love. It says 'you're important enough to me to spend the time and effort to cook for you.'" Ina Garten*

Thanks to all the lovely ladies that helped us celebrate our love of cooking and good food the past several months. Since December is such a busy month, we will be taking a small break and will not have Ladies Gourmet this month. We will resume in January and will have some new fun, creative, and yummy recipes for you.

We look forward to seeing everyone again in 2022!

**Wine & Friends - 3<sup>rd</sup> Friday, 6:30PM**

**Place:** TBA

Chairs: Karen Cacy 503-246-4286 Marie Poyzer 659-3075

Marie and I will be skipping December this year as we find so many of us are already over-booked for the season.

### Outstanding Member Award

CMNC is truly made better with this remarkable Club member!

It is with great celebration that Sharon Wallace has been nominated by our membership and voted by our Executive Board to receive our Outstanding Member Award. CONGRATULATIONS to Sharon Wallace!

Sharon has been a very dedicated and integral member since 1997. She has served on the Executive Board as the Vice-President of Membership, and has served as CMNC's Secretary for 2 different terms. Other Board positions has Sharon held for years were Co-Chair of Hospitality as well as our Historian, creating lovely photo books for all of us to enjoy.

Off the board, Sharon has been hands-on in so many facets of our club. She shared "Her favorite memories were helping create the vision for the Extravagant Galas, and then to see it all come together, of course with much work, but oh how much fun they were for all to enjoy including our spouses."

What else has this busy lady done for our club....well Sharon is currently Co-Chairing The Literary Ladies Book Club (which is the very first CMNC book club), she has also Co-Chaired: Pokeno, The Hiking club, UFO's, and Wine & Friends.

Sharon is the member who always steps up when there is a need or a problem to solve. Sharon continues to enjoy Decorating Divas, Wine & Friends, Pokeno, and of course Book Club and the General Meetings. When you see this lovely lady, PLEASE say THANK YOU.

**Who's Next?** You know this member for their....

- \*generosity of their time
- \*share their leadership skills
- \*behind the scenes, always helping
- \*shows kindness to other members
- \*willingness to always pitch in

Please send your nominations in to

[2021CMNC@gmail.com](mailto:2021CMNC@gmail.com)

\*Just include why this Special Member is being nominated!

\*All E-Board and General Board are exempt for the 2021-2022 CMNC Season.

## Fun Things To Do



### *Decorating Divas - Saturday, December 4 Starts at 11:00AM*

Chairs: Nancy Price-Weddle      Mary Beth Shively  
719-332-2644      719-527-0612/520-631-8522(c)

Place: Swiss Chalet in Woodland Park

The Divas will be meeting at the Swiss Chalet for a delicious lunch before we head out for the Annual Tweeds Holiday Home Tour in Woodland Park. We will be touring wonderfully decorated homes and also shop at Tweeds, which has the most beautiful, unique and magical decorations in Southern Colorado.

Please rsvp MB @ [mary.shively@comcast.net](mailto:mary.shively@comcast.net) to be included in the lunch.

You may purchase your holiday home tour tickets online @ <https://www.wphht.org/tickets>. \$20 per ticket, \$35 for two. If you purchase your tickets before November 18th before midnight, you will be entered to win a \$500 Tweeds Fine Furnishing Gift Certificate. Join us to get into the true Christmas spirit of the season!

### *Movie Mavens - Sunday after Meeting*

Chairs: Audrey McGuire 661-3087  
Sharon Cotter 915-740-5010

We will not be doing Movie Mavens in December.  
Enjoy your holiday season.  
Our next event will be on January 16<sup>th</sup> 2022.

We look forward to seeing you at the movies next year!!

### *UFOs - 1<sup>st</sup> Monday, 1PM*

*Place: TBA*

Chair: Barbara Nisar 217-7396

If you have a project that you can bring with you, join us and share some interesting conversation while you are working. Don't have anything going at this time, not a problem, you are still welcome to come and have a cup of coffee or tea and chat with us.

### *Theatre (& Live Performance) Club!*

Chair: Chelley Gardner-Smith 640-0069

**Attendees - Please text name and phone #**



No Theatre Club activity for December.

***As always, text me if you plan to attend or if you have questions. Chelley at 719-640-0069.***

#### SPECIAL NOTE ABOUT ACTIVITY PARTICIPATION

We do need to ask each of our members to be very thoughtful and to respect your RSVP for any Activity you have signed up for. We understand emergencies are unavoidable but if you end up not being able to make it, PLEASE, call or email your hostess as soon as possible. \*Remember, someone else was not able to participate because that seat was taken.

## Health & Wealth



## Games We Play

### *Nurturing Yourself -1<sup>st</sup> Thursday, 1:45PM*

*Place: Location to be determined.*

Chairs: Merrily Johnson 633-4679  
Jamie Rogers 505-507-6967

**No December Nurturing Yourself Meeting is planned.**

Enrollment for this CMNC activity has been closed as of the November 10th meeting as we are now at capacity.

All members will receive an email invitation for the next meeting, to be held January 6th, 2022. This invitation will be sent December 20th. You will need to RSVP to hold your spot.

Thank you to all who have participated,

Merrily Johnson and Jamie Rogers

### *Women of Wealth - 4<sup>th</sup> Tuesday, 10:30/11:30*

*Place: N/A.*

**We will not be holding a meeting in the month of December. Thanks Janis**

Chair: Janis Cross 577-2501  
[Janis.cross@raymondjames.com](mailto:Janis.cross@raymondjames.com)

### *Because We Care*

Chair: Lynda DeAngelis 576-5070

*"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the SMALLEST ACT OF CARING, all which have the potential to turn a life around."*

**Leo Buscaglia**

Ladies, please remember to contact me when you know or hear about one of our members experiencing a health problem, surgery, hospitalization, death in the family or any other life changing situation. I will then send out the appropriate card on behalf of all of our members. In some cases, I will follow up with a phone call to see how things are going and if any help is needed. Thank you for your support. It is because of all of you and many previous members that we are such a kind and caring group to include this committee in our organization!

### *November Gleaners*

*~GLEANNING: Harvesting for free distribution to the needy, or for donation to a non-profit organization for ultimate distribution to the needy.~*

We will not be Gleaning for the month of December.

### *Canasta/Hand & Foot*

*2<sup>nd</sup> & 4<sup>th</sup> Thursdays, 10AM-2/3PM,*

*Place:* Country Club of Colorado Gates Grill, below Cheyenne Mountain Resort

Chairs: Edna Clark 527-1519  
Lu McCoy 540-8681

**There will be no Canasta during December. We will resume play in January.**

We'll teach you if you're a little rusty or if you've never played before. So, come and join us for a few fun hours, get away from your daily routine, and make friends!

You'll find us downstairs in the Gates Grill. We break for lunch around noon. If you haven't had your Covid-19 shots, you'll be asked to wear a mask but if you have had the shots you can take it off once we're in the room where we play.

### *Pokeeno- 2<sup>nd</sup> Monday, 1PM-3PM*

*Place:* TBD, look for the email

Chairs: Diane Passno 488-0656

Pokeeno is a card game that is very similar to bingo. Every participant contributes a dollar to the pot and also brings a \$5 gift in an anonymous gift bag. There is always a lot of laughter and dessert to satisfy your sweet tooth. The hostess for the event changes each month, so if you would like to try this fun game, please call Diane Passno

### *Mexican Train Dominoes*

*3<sup>rd</sup> Monday, 10AM*

*Place:* Cheyenne Mountain Golf Club

Chairs: Karen Vlasak 375-4692  
Maria Polelli 649-4896

Mexican Train Dominoes has started up again. The new game sets are now called Double Twelve Dominoes. The Grill has a lunch menu and will provide complimentary coffee and water. We play from 10 am to about 2 pm in the lower level fireplace room adjacent to the grillroom.

## November



## Birthdays & New Members

### *Tech Ninjas- 4<sup>th</sup> Tuesday, 9:30-10:30AM*

**Place:** N/A.

We will not be holding a meeting in the month of December.

Chair: Janis Cross 930-4445  
[janiscross2017@gmail.com](mailto:janiscross2017@gmail.com)

Tech Ninjas is a new group designed to help us learn how to use the iPhone and iPad. This is introduction or 101 class. Bring your devices for an interactive hands-on class.

**LIMITED TO 5 MEMBERS Must sign up for this class. RSVP to Janis Cross**

*These bookclubs are currently not taking new members.*

### *Literary Ladies, 1<sup>st</sup> Wednesday, 11:30AM*

**Book:** No Book for December

Christmas Luncheon instead

**Place:** Edelweiss Restaurant

Chairs: Sharon Wallace 579-7529  
Lynda DeAngelis 576-5070

### *Novel Women, 1<sup>st</sup> Wednesday, 10AM*

**Place:** N/A

No meeting for December

### *Readers' Choice, 3<sup>rd</sup> Thursday, 10AM*

**Book:** No Book for December

Instead we are going out for lunch.

**Place:**

Chair: Daria McClung 339-4860

### *Happy Birthday*

#### December

Gretchen Brewer	12/1
Judy Gibson	12/2
Kathi Giddens	12/8
Carolyn Spillane	12/12
Mary Carley	12/15
Christina Klement	12/20
Carolyn Wheeler	12/20
Carol Collins	12/23
Mary Kervick	12/23
Audrey McGuire	12/23
Karen Cacy	12/25
Edna Clark	12/29

### *Welcome New Members*

Kathy Achenback	Sheri Hoaglund*
Patricia Baltzer	Pam Holnback*
Marta Benson	Junia Imel*
Jean Bishop*	Anne Katrosh
Kya Bryant	Michelle King*
Tami Dickinson*	Christina Klement
Kay Dickson	Melissa Leftwich*
Anika d'Hubert *	Cyndy McBee
Cheryl Eaton	Ginny Montgomery-Rose*
Shelley Elam*	Judy Porter
Mary Feten	Phoenix Sagen
Cynthia Frank	Marie Shahani
Chelley Gardner-Smith	Diane Sibole
Judy Gibson	Cathy Stamps
Kathi Giddens	Wendy Wolfswinkel*
Marcia Hall	Jackie Whipple
Lisa Heath	Rebecca Whittaker
Laura Hitch*	Gaye Woullard

\*indicates first time new member since last newsletter

*Calendar is always available on webpage newsletter link*

Week 1

Week 2

Week3

Week 4

**Monday**

1:00pm UFOs

1:00pm Pokeeno

10:00am Mexican Train  
Dominoes

**Tuesday**

**Wednesday**

11:30am Literary Ladies

9:30am General Meeting

**Thursday**

10:00am Reader's Choice

**Friday**

**Saturday**

Decorating Divas  
11:00am

**Sunday**