



March 2023



2nd Wednesday of Month
9:30 A.M.
Broadmoor Community Church
315 Lake Avenue

Presidents' Letter

"Spring is when you feel like whistling, even with a shoe full of slush." - anonymous

At the March General Meeting our nominating committee chairperson Isabelle Rowsey and her trusty committee will be announcing the proposed slate of officers for the 2023-24 Executive Board. Nominations will also be accepted from the general membership at that time. All nominees will be published in the April Newsletter along with their Bio's. The election of officers shall be held at the April General Meeting.

Please be sure to join us for the new Creative Arts Program featuring arts and crafts of our own members while listening to the Youth Symphony Quartet at the March General Meeting. It will be like a gallery opening and featuring different artists. The only thing missing will be the champagne. This is also a fun opportunity to invite a guest!

The Activity Group proposals are coming in fast and furious and we now have a new Movie Club, Bridge Group, and Financial Group. Welcome to Colorado still needs an organizer. There will be one more opportunity to sign up at the Activity's Table at the April General Meeting. There will be no activity tables set up at the March and May meeting due to Creative Arts Program in March and Spring Luncheon in May. However, you may contact the coordinating chair directly as listed in each activity.

Please bring your \$35 check or cash to secure your place for the Spring Luncheon held at The Pinery At The Hill on Wednesday, May 10th. May 2nd is the cut off date for payment to be received for the Spring Luncheon. There will be two more opportunities to sign up at the March and April General Meeting or you can mail your check payable to CMNC, PO Box 60001, Colorado Springs, CO 80960 The committee has been working diligently to make this event a success, and we hope to see you there!

Happy Spring!

Website <http://cmnccos.org>

Executive Board

Co-Presidents

Cynthia Frank 719-439-9966
Jackie Whipple 619-994-9447

Vice Presidents

Membership
Susan Jones 719-963-5262

Activities

Lisa Knowles 303-514-5915

Treasurer

Lisa Lucke 719-306-3185

Secretary

Cathy Stamps 719-964-5324

Communication Director

Sharon Wallace 719-482-6298

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Webmaster

Linda Ewton 719-659-2342

Newsletter

Chris Clementi 2022cmnc@gmail.com

Policies

Prospective members shall be required to pay membership dues after attending two club functions.

Former members must rejoin the club to attend any activity.

CMNC general meetings will be cancelled if D-12 schools have a delay or cancellation

SPEND AN AFTERNOON IN OLD VIENNA

At Newcomers' Annual Spring Luncheon
Wednesday, May 10, 11-2 p.m.

The Pinery at the Hill

775 W. Bijou

There will be great food!

Enjoy a performance by the Broadmoor Waltz Club!

It's all about atmosphere, friendship, and a day at The Pinery like no other!

Bring a Friend!

SIGN UP NOW, \$35.00 Per Person

Deadline to pay is April 26, two weeks before the luncheon

See Karen Cacy with your check or mail your check to:
CMNC PO Box 60001, Colorado Springs, CO 80960



March Creative Arts Program

Our March 8th General Meeting will be a very different format this time. It will be quite social. Twenty-four of our own CMNC Members will showcase their talents and interest in gallery style throughout the Otto Room. We will have plenty of food and live classical music provided by the Youth Symphony Quartet. We can walk around, visiting the exhibits, looking, and asking questions. This is also a wonderful opportunity to invite a guest to attend our meeting. How fun!

Gleaners Barb Coons

GLEANING: Aid to T.E.S.S.A.



This month, we are highlighting T.E.S.S.A. (Trust. Education. Safety. Support. Advocacy.), a local, confidential organization that provides services to individuals experiencing interpersonal domestic or sexual violence, stalking & human trafficking in El Paso & Teller counties. For the past 45 years, T.E.S.S.A. has been committed to the mission of ending family violence while empowering their clients. They provide safe housing, victim advocacy, counseling services, legal & housing assistance, youth & children-specific programming as well as outreach and community education opportunities. Their current needs consist of the following: breakfast items, canned goods, & microwavable items. They also request NEW/FULL sized hygiene products i.e. deodorant, shampoo, conditioner, body wash, razors, shaving cream, hair ties, and combs.

As usual, we collect empty pill bottles with labels removed for West Side Cares.

GLEANING: Aid to survivors of earthquake in Turkey

Donations are being collected locally to ship to Turkey to aid the survivors of the earthquake who are having to live outside in freezing conditions.

Particular needs include: Snow pants, jackets & gloves, sleeping bags and tents, sanitary supplies for women, blankets, boots, hand/feet warmers. They have enough regular clothing for now.



When donating, it's helpful to place items in clear bags, or labeled garbage bags.

The point of contact for donations is: Ozur Tuna-Miller 719 291 2353, located at 312 West Cheyenne Rd 80906, or Laura and Hahan Karan 719 930 0886 at 877 Altamont Ridge Drive 80901



Wine & Friends



Wine and Friends
6-8:30 p.m.

At the home of Barb Zarish – LIMIT: 25!
3660 Abbey Heights (east side of the city at
Powers and North Carefree) 719-960-6117

Bring favorite wine and a hors d'oeuvre, and
wear something green!

Parking is limited: 2 cars in driveway, 2 cars
at end of street against the fence, 2 cars
down the other subdivision street against the
fence, remaining cars on street.

Please reserve with Karen Cacy 503-246-4286
or Marie Poyzer – 719-659-3075

Reader's Choice

Chair Daria McClung

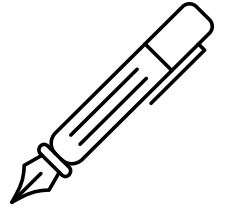
Reader's Choice is a small group of women that was
formed in 2015 who enjoy reading. We meet the third
Thursday of each month from 10:00am – 12:00. We
tend to enjoy current historical fiction, memoirs,
true-stories, and books that allow us to have a great
discussion. Each member of the group selects a book
and month to host the group, as well as doing
research on the book or topic. Because we are a
smaller group, we can gather at people's homes or
coffee shops dependent on the need of the hostess
for the month. We meet from September through
May and take the summer off. There is room for one
more member to join.

Lunch Bunch

March 8th, 2023

LUNCH BUNCH LADIES....Due to the
magnificent abundance of snack items
during the morning's Craft showings,
we will skip lunch this particular day so
you have plenty of time to see
everything! If you are interested,
come see my exhibit about
CALLIGRAPHY

Gini Dugan 507-319-1700



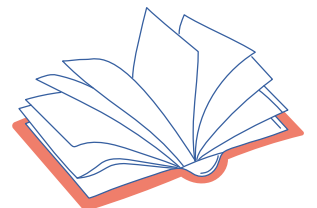
Snack
TIME



***We have one opening in our
book club. Contact Daria to join.***

Thursday, March 16th from 10-12
Hostess: Cindy Crater
Book: Eiffel's Tower by Jill Jonnes

***Information will be emailed to
group**



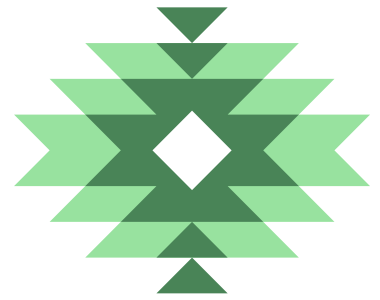
Decorating Divas

March 14, 2023 from 1 pm- 3 pm

Where: The Home and Gallery of Nancy Price Weddle

Chairs: Nancy Price-Weddle 719-332-2644

MB Shively 719-527-0612, 520-631-8522



The Divas will be meeting at my home where you will be taking a very informative tour of my very large gallery. It is filled with all Native American art, such as Howard Terpning, McCarthy, Z.S Liang, and many more. You will see Navajo rugs, baskets, Kachinas, Pueblo pottery, and so much more. So many stories and history to share. My late husband, Ray, crafted and built many items in the gallery that I will be able to show you. Please contact MB to be able to join us.

I look forward to sharing how and where we acquired these many collections!

Sincerely, Nancy

Let's Get Lit!



Chair: Lisa Knowles

We will be meeting at the home of Wendy Wolfswinkel on March 28 at 6:30pm. We will be reading Pirate's Plunder by local author Wendy Wilkinson.

WalkieTalkies

Walkie Talkies

Chair: Cheryl Eaton 719-331-5554

Hi, my name is Cheryl Eaton and I chaired a walk/hike group (Walkie/Talkies) last year. We meet every Friday for a moderate 40 to 1 hour adventure. I have a few locations to explore and enjoy the beautiful scenery of Colorado Springs. I will have a sign-up sheet at monthly meetings and I will send out an email on Sunday stating where and what time. Come join in the fun and fellowship. Depending on the weather, the time will vary. Cheryl tries to accommodate between serious hikers and less serious hikers. So, the hikes are fun and they share friendship and fellowship.

Literary Ladies



Chairs: Mary Kervick and Barbara Monn

Literary Ladies will be meeting
Wednesday, March 1st at 10AM at Carole Flint's home.

The book is: Ordinary Grace by William Kent Kreuger



Howdy CMNC Drama Queens!



Mark your Calendar

Howdy There, CMNC Drama Queens! We have our lineup for the season so add these dates to your calendars and buy your tickets now. It will always be your responsibly to buy your own tickets. When possible, we will sit together, but that cannot be promised, as I am sure you understand. That is why we try to go to a place to eat afterwards or before we go to the show. (I will need a head count to insure our reservation numbers as soon as you decide to go- sorry I can't promise the restaurant can accommodate us.)

As always, sign up, AND text me if you plan to go: Chelley 719-640-0069.

All events are open to CMNC folks and their guests, partners, spouses, or friends.

The Half Life of Marie Curie

**Saturday, March 18 2PM ENT Center for
the Arts, 5225 N Nevada Ave, 80918
719-255-3232 Box Office Phone: 719-255-
8181, tickets@uccs.edu**

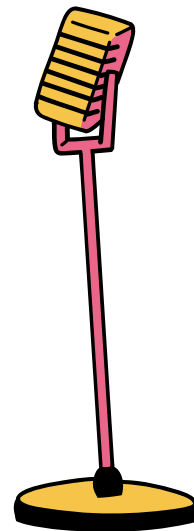


Directed by Sarah Sheppard Shaver, by Lauren Gunderson When two Nobel prizes prove inadequate armor against scandal, Marie Curie turns to fellow scientist and trusted confidant Hertha Ayrton to weather the storm of heartbreak, public opinion, and self-doubt. At its core a tale of women's friendship, this play explores the hidden costs of progress, and the relationships that hold us up when we can't stand on our own. The Half Life of Marie Curie performs in the Osborne Studio Theater to reduced audiences. Get tickets soon to guarantee seating!

Sing Along

**Sunday, April 2nd from 5-7
182 E. Cheyenne Mountain Rd.
Colorado Springs, CO 80906.**

An old fashioned sing along at our favorite little neighborhood pub Takki! The first one will be on Sunday, April 2, 2023, from 5-7. Interest will determine future celebrations. If you are part of CMNC you will get a discount on drinks. Chelley and Peter (owner) are setting this up for CMNC and other neighborhood affiliations, but discounts will go to CMNC.





More Drama News!

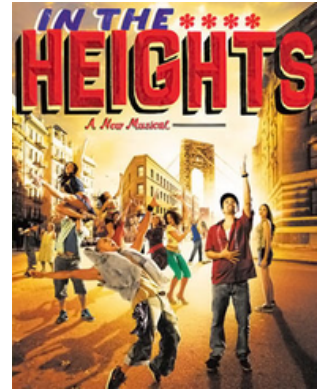
In the Heights

Sunday, April 2, 2PM

Colorado Springs Fine Arts Center

fac.coloradocollege.edu

30 W Dale St, (719) 634-5581



Music and Lyrics by Lin-Manuel Miranda | Book by Quiara Alegría Hudes | Conceived by Lin-Manuel Miranda, Directed by Pirronne Yousefzadeh From the creator and star of Hamilton comes Lin-Manuel

Miranda's first Tony Award-winning musical, a love-letter to the community in upper Manhattan where he still lives. In The Heights tells the universal story of a vibrant community in New York's Washington Heights neighborhood – a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams, and pressures, where the biggest struggles can be deciding which traditions you take with you, and which ones you leave behind. A Hip Hop musical with a Salsa beat. In The Heights is the winner of the 2008 Tony Awards for Best Musical, Best Score, Best Choreography and Best Orchestrations.

Bridge Group Meeting Invest in yourself.

4th Monday of the month @12:30



This group is tentatively scheduled to meet the 4th Monday of the month at 12:30. After our first meeting, which will

be at Judy Hood's home, at 4815 Newstead Pl. 80906, we will have a more firm schedule of time and dates. The intention of the group is to play bridge for fun and to get to know each other better and to continue to learn new systems. At this point, we have one person who has never played before coming to observe and begin the learning process. Bridge is a card game which is both a memory and a math game. There are always new opportunities to learn more conventions. If others are interested in learning, they are welcome. Warning, I am not a teacher, but I will do my best!

March 29th @4

Co-chairs for Investing in Yourself: Ann Ries, CFP, CRPS, CDFA and Grace Lobato, CRPS
Ann's contact 719-577-6333.

Invest in Yourself activity group will provide education on various wealth planning topics to include investment, retirement, financial, estate, and tax planning as well as ways to manage cash flow, budgeting, and thoughts on funding college savings programs just to name a few. Meetings will be based on timely topics and topics of interest brought up by the group. Our first meeting will be held on Wednesday, March 29 at 4pm at the Morgan Stanley office, 121 S. Tejon St., Suite 700 with free parking provided. The topic will be announced at the monthly meetings and guest speakers will be brought in occasionally based on the topic being covered. The day and time of the meetings each month will vary.

UFOs

Chair: Barbara Nisar

1st Monday of the month @1:00 Will notify members by email as to place and time

UFOs is a low key group of women who meet to chat and if wanted, bring an unfinished project to work on while chatting.



Because We Care

Lynda DeAngelis

719-579-5070

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the SMALLEST ACT OF CARING, all which have the potential to turn a life around." Leo Buscaglia

Ladies, please remember to contact me when you know or hear about one of our members experiencing a health problem, surgery, hospitalization, death in the family or any other life changing situation. I will then send out the appropriate card on behalf of all our members. In some cases, I will follow up with a phone call to see how things are going and if any help is needed.

Thank you for your support...It is because of all of you and many previous members that we are such a kind and caring group to include this committee in our organization!

Welcome New Members New Members from 2/1/-2/17/23

Julia Allen
Bonnie Bowen
Kourtney Bryant
Elaine Claussen
Debora Leisenring
Claudine Malcolm
Karen Travis
Lidia Verdier



Ladies Gourmet

Hello Fellow Gastronomes,

Bring out your green! Our March menu will feature recipes from the Emerald Isle. Please join us in a (pre) St. Patrick's Day celebration on March 15. We will feature a traditional menu of Guinness Stew, Shepherd's Pie, Soda Bread, and Irish Cream Brownies.

You will be able to sign up for this fun filled event at our next General Meeting.

Sharon LeRoy and Marie Ryan



"Laughter is brightest where food is best." ~Irish Proverb

Canasta Hand & Foot

2nd & 4th Thursdays 10am-2/3pm

Country Club of Colorado, Gates Grille, below Cheyenne Mountain Resort (downstairs)

Chairs: Edna Clark 719-527-1519 and Lu McCoy 719-540-8681



We'll teach you if you are a little rusty or have never played before. So, come join us for a few hours, get away from your daily routine and make friends! We break for lunch around noon.

Pokeeno

2nd Monday, 1pm

Chair: Diane Passno 719-660-0712

Pokeeno is a game very similar to Bingo. It is fun and very easy to learn. We meet in the homes of individual members, and after playing several games, enjoy a time of refreshment together. Each player brings a \$5.00 unsigned gift bag to contribute to the prize stash, and also adds \$1 to our cash pot for the "grand prize". If you are interested in playing, please contact Diane.

Mah Jongg

1st Tuesday

Mah Jongg continues, thanks to Maria Polelli who will host 2 tables in her home the first Tuesday of each month. Play will begin at 1 pm and continue until about 4 pm. She will provide drinks, or you may BYO. Please sign up at the meeting for this exciting and challenging Chinese tile game. Everyone on the sign-up list will be sent an email with date and time for the next month's play date. Reservations will be accepted on a first-come, first-serve basis.

Chair: Maria Polelli, 719-649-4896

Contact: Lu McCoy, 719-201-6348

Zoom

There will not be a typical March program to Zoom. Please TEXT IsaBelle Rowsey at 719-651-9656 by April 11th to enjoy Aprils CMNC Program! Thank you

Movie Club

Either the 3rd Tuesday or 3rd Sunday

Movie Club meets once a month on either the 3rd Tuesday or 3rd Sunday of the month for an afternoon movie. Those who are interested gather at a nearby establishment for refreshments or a meal after the movie. Tuesday meetings are for ladies only; spouses/partners are welcome to attend on Sundays. Please contact Becky Wetzel (719-200-2859) if you're interested in joining!

March meeting: Tuesday, March 21 – early afternoon matinee (movie schedules permitting) followed by refreshments at a nearby establishment for those who are interested. I'll send out the movie options for a vote on March 18.

Where: Cinemark Tinseltown (on Tuesdays with a free Movie Rewards membership, you can purchase your ticket for \$5.75; otherwise, it's \$6.25)

Birthdays

March

Elaine Brush Mar 1
Robyn Scanlon Mar 1
Mary Beth Shively Mar 2
Cheryl Strang Mar 5
Donna Sterns Mar 6
Patty Kramer Mar 8
Annette Steele Mar 10
Janie Levis Mar 17
Cathy Stamps Mar 26



Nurturing Yourself

A continuation of navigating and flourishing, with grace, as we age.

First Thursday 2-4pm

We cover thought-provoking topics and the sharing of ideas while supporting each other from wherever we are on our path. Past topics have included: Being Fearless; Female Friendships; The Joy of Imperfection; to mention a few.

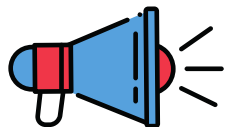
NOTE: Group participation is currently at full capacity. Participants will receive an email invitation for each meeting. You must RSVP to hold your spot.
Merrily Johnson/ Chair





March 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:00 am Literary Ladies	2 2-4 pm Nurturing Yourself	3 Walkie Talkie	4
5	6 1:00 pm UFOs	7 1:00 pm Mah Jongg	8 9:30 General Meeting Lunch Bunch	9 10-2ish Canasta Hand and Foot	10 Walkie Talkie	11
12	13 1:00 pm Pokeno	14 Decorating Divas	15 Ladies Gourmet	16 10-12 Reader's Choice	17 Walkie Talkie Wine and Friends	18
19	20	21 Movie Club	22	23 10-2ish Canasta Hand and Foot	24 Walkie Talkie	25
26	27 12:30 Bridge Group	28 6:30-8:30 Let's Get Lit	29 4:00 Invest in Yourself	30	31 Walkie Talkie	



- Remember to bring donations for Gleaners at each meeting