

Website http//cmnccos.org
Executive Board

#### **Co-Presidents**

Cynthia Frank 719-439-9966 Jackie Whipple 619-994-9447

#### **Vice Presidents**

Membership Susan Jones 719-963-5262

Activities Lisa Knowles 303-514-5915

#### **Treasurer**

Lisa Lucke 719-306-3185

#### **Secretary**

Cathy Stamps 719-964-5324

#### **Communication Director**

Sharon Wallace 719-482-6298

#### Webmaster

Linda Ewton 719-659-2342

#### **Newsletter**

Chris Clementi 2022cmnc@gmail.com

#### **Policies**

Prospective members shall be required to pay membership dues after attending two club functions.

Former members must rejoin the club to attend any activity.

CMNC general meetings will be cancelled if D-12 schools have a delay or cancellation

#### November 2022



2nd Wednesday of Month 9:30 A.M. Broadmoor Community Church 315 Lake Avenue

**Monthly Newsletter** 

### Presidents Letter

We have a lot to look forward to with CMNC! At our November 9th meeting we will learn about the CS Pioneers Museum. The speaker, Diane Barber Stein, has an impressive resume. She will also have a signup sheet for those wishing to participate in a special museum tour on Saturday, Nov 12th.

The Fall Kick Off has been postponed to later in our CMNC season and will still be held at The Pinery at the Hill. This change was needed to avoid losing money for the club. Fortunately, the venue agreed to transfer the deposit and honor the contract. Karen Cacy and Marie Poyzer will continue as our committee for this fun event. With time to increase ticket sales we will be able to proceed. Rest assured the event will truly be "A Night to Remember".

Thank you, to all who signed up for positions at our October meeting! Several were filled and set for the year. There are still opportunities to participate: Co-Chairs for Programs and Theatre Group and Zoom Coordinator, as well as Event Committees for our Holiday and Spring Luncheons, and an Arts and Crafts Showcase. Getting involved is a great way to form friendships!

Our "first time" New Members of 2022 will be welcomed with a New Member Silver Tea Party at Edna Clark's home in November. This very special CMNC event has not been held for over a decade. The "good" silver is polished and gleaming. Various Activity Chairs and Board members will host and serve the food and teas in high style. The Silver Tea is an opportunity for new members to socialize and learn more about CMNC. New Members can expect mailed invitations soon.

Last, but not least...Our new 2022-2023 CMNC Directories are hot off the press and will be available at our November General Meeting.

"There's not a word yet for old friends who've just met." — Jim Henson

# CMNC 2022 HOLIBAY LUNCHEON

\* First Wednesday December 7, 2022 \*

\* This date is different from our usual second Wednesday. \*

Enjoy a Program and Holiday Luncheon

Social & check-in @ 10, Program @ 10:30 in Sanctuary, Lunch in Otto Room

Entertainment by Front Porch Singers

Tickets will be sold at our November 9th Meeting. \$20

# gleaners Barb Coons

**GLEANING**: ~One Nation Walking Together

As November is National Native American Heritage month, Gleaners is once again supporting One Nation Walking Together. ONWT strives to make a positive impact in the lives of Native Americans, a people that are greatly underserved & misrepresented. By loading 53-foot semi-trucks, they deliver up to \$2 million worth of essential donated goods to reservations annually. ONWT provides hope & services to indigenous communities in Colorado & seven other surrounding states.

Requested donations: nonperishable foods of canned meat, Spam, tuna, chicken, Vienna sausages, broth, soups, stews, pasta sauce, boxed & evaporated milk. Long underwear & socks of all sizes are needed, especially for the upcoming winter season.

In general, we still collect empty pills bottles (minus labels) each meeting. Donations may be put in the open trunk of my car, directly next to our entrance @ the Broadmoor Community Church.











## Program

The Colorado Springs Pioneers Museum builds a lasting connection to the Pikes Peak region by preserving and sharing our cultural history. This mission is accomplished through powerful exhibits, innovative educational outreach and programming, and diverse collections that reflect the complexity of our region's history. Diane Barber Stine, CSPM Development Director, will share about the CSPM's longstanding commitment to the community and how it continues to serve as your history museum.



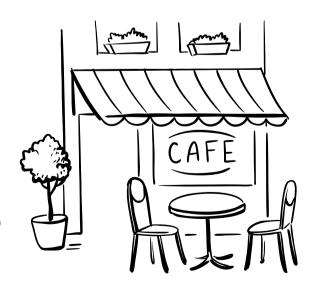
We will also have sign up sheet at the Nov meeting for those wishing to participate in a special tour of the museum on Saturday, Nov 12th. If you would like to participate in the tour but can't make November's meeting, please email Michelle at cuatroatts@gmail.com.

Biography: Diane oversees the fundraising and marketing efforts of the Colorado Springs Pioneers Museum. Diane graduated with a B.A. in History from Florida State University and an M.A. in Museum Studies from George Washington University. Diane has fundraised for several institutions including the Smithsonian National Portrait Gallery, Smithsonian National Air and Space Museum, and Ford's Theatre Society. Diane was selected as a "2022 Rising Star" by the Colorado Springs Business Journal and was awarded the Association of Fundraising Professionals Southern Colorado 2022 Young Fundraising Professional award.

# Lunch Bunch Wednesday November 9th

### To be announced

Due to Gini's uncertain attendance this month, the November Lunch Bunch outing will be hosted by a nice lady who offered to take care of things for Gini! You will have to see who's there and what the sign-up will be! The chosen place will have great food!! ENJOY!



### Wine & Friends



Wine and Friends 6-8:30 p.m.

Wine and Friends meets the third Friday of each month at a member's home. Singles and couples are welcome. Participants bring a bottle of their favorite wine and an Hors d'oeuvre, sweet or savory, to share with the group. Smaller homes have a restricted number of guest they can accommodate, in which case RSVP's and a cut-off number are needed. Co-Chairs Karen Cacy and Marie Poyzer send out a monthly notice to those who have signed up. The event takes place from 6 to 8:30 p.m. You may sign up to be on the list at a monthly meeting.

# Open CMNC Positions

A Programs Lead Chairwoman is still urgently needed. Also, If you have a contact or idea for a Program Presentation, please share it with Michelle Watts (757-719-0990)

Drama Queens with Chelley Gardner-Smith needs a Co-Chair to help manage communications within the group. Please contact Lisa Knowles (303-514-5915) if you can help with Drama Queens.



# Reader is Choice Chair Daria McClung

Reader's Choice is a small group of women that was formed in 2015 who enjoy reading. We meet the third Thursday of each month from 10:00am – 12:00. We tend to enjoy current historical fiction, memoirs,

true-stories, and books that allow us to have a great discussion. Each member of the group selects a book and month to host the group, as well as doing research on the book or topic. Because we are a smaller group, we can gather at people's homes or coffee shops dependent on the need of the hostess for the month. We meet from September through May and take the summer off. This group is now closed.

The November 17th meeting will be hosted by Penny Loving, and the book will be My Invented Country: A Memoir by Isabel Allende. Information will be emailed to members of the group. The meeting is to be announced.

# Adopt a family

Chairs: Lynda DeAngelis 576-5070

Valerie Smith 213-8685



We want to thank the members who signed up for Adopt a Family this year. In early November, you will receive an email with your family's information. Shop, wrap, and label the gifts and deliver to UMB Bank, 290 East Cheyenne Mountain Blvd. by December 1, 2021. If you want to make a cash donation, you can give it to Valerie or Lynda at the general membership meeting or drop it off at the bank (make checks out to Adopt a Family). The holidays will be here before we know it, and your gift means so much to the families in CPCD's programs. If you are interested in signing up to Adopt-A-Family and couldn't sign up at the general meeting, please call Lynda or Valerie.



Thank you for your support!

### New New Comers "Welcome Silver Tea"

Chair: Edna Clark (719)-527-1519 IsaBelle Rowsey (719) 651-9656

The Cheyenne Mountain Newcomers Club Executive Board would like to extend a special welcome to our brand-new members by hosting a special "Welcome Silver Tea". Interest group chairwomen with openings in their group will also be invited. It's an opportunity for our newest members to get acquainted with the ladies who chair our various groups and learn what each group offers. Invitations will be sent out soon.

The menu will feature some or your favorites served with traditional high teas. So, please save November 15 at 12:30 and enjoy a delicious, fun afternoon, and some fun facts about tea.

A little sample: Did you know that next to water, tea is the world's most popular drink?

# 300m for general Meeting Program

If you are unable to attend our General Meeting due to illness or travel and would like to join our Program, please text IsaBelle Rowsey at 719-651-9656 the day before the General Meeting with your email address. You will be sent a "Zoom Invite" to join the meeting as the Program begins around 10am.

\*If you are planning on enjoying our Programs this year I am looking for a co-chair to share this position with me. Please let me know if you are interested, thank you in advance.

## Decorating Divas

Decorating Divas on Tuesday, Nov 8, 2022

Date: Tuesday - November 8, 2022

Time: 1:00 pm- 3:30 pm

Place: Beads & Needs, 5154 Centennial Blvd,

Colorado Springs 80919

Happy Fall! In November, the Divas will meet at Beads & Needs, off of Centennial Blvd. Carrie Blount will teach us how to make a beautiful bracelet. The cost for the class and the materials is \$40.

Please RSVP to MB to join us for this fun event.









## Letis get Lit!



Chair: Lisa Knowles

Let's Get Lit! book club meets on the 4th Tuesday of each month from 6:30-8:30 pm. We are closed to new members at this time.

Next meeting is at the home of Lisa Knowles. We will be discussing "Last Bus to Wisdom" by Ivan Doig.

# Literary Ladies



Chairs: Mary Kervick and Barbara Monn

Literary Ladies meets at 10 AM on the first Wednesday of the month. We are closed to new members at this time.

Next meeting is Wednesday, November 2nd at the home of Sharon Wallace. The book is American Dirt by Jeanine **Cummins** 

# Howdy CMNC Brama Queens!

Howdy There, CMNC Drama Queens! We have our lineup for the season so add these dates to your calendars and buy your tickets now. It will always be your responsibly to buy your own tickets. When possible, we will sit together, but that cannot be promised, as I am sure you understand. That is why we try to go to a place to eat afterwards or before we go to the show. (I will need a head count to insure our reservation numbers as soon as you decide to go- sorry I can't promise the restaurant can accommodate us.) As always, sign up, AND text me if you plan to go:

Chelley 719-640-0069. All events are open to CMNC folks and their guests, partners, spouses, or friends.

# The Half Life of Marie Cyrie

Saturday, March 18 2PM ENT Center for the Arts,5225 N Nevada Ave, 80918 719-255-3232 Box Office Phone: 719-255-8181, tickets@uccs.edu

Directed by Sarah Sheppard Shaver, by Lauren Gunderson When two Nobel prizes prove inadequate armor against scandal, Marie Curie turns to fellow scientist and trusted confidant Hertha Ayrton to weather the storm of heartbreak, public opinion, and self-doubt. At its core a tale of women's friendship, this play explores the hidden costs of progress, and the relationships that hold us up when we can't stand on our own. The Half Life of Marie Curie performs in the Osborne Studio Theater to reduced audiences. Get tickets soon to guarantee seating!

### Brama News

# WEDNESDAY, NOVEMBER 9, 2-4 (SAME DAY AS CMNC MEETING AFTER LUNCH BUNCH)

CHELLEY'S HOUSE, 545 THAMES DRIVE, 80906 Let's meet and just brainstorm and have some theatre fun! I will have some theatre games we can do, and also, we can look into presenting a small skit at one of the upcoming CMNC meetings. I know ya'll have been hankering to be theatrical. Have you always wanted to perform? Let us do it.

# Radio Play





Based on the story The Greatest Gift by Philip Van Doren Stern, Adapted by Joe Landry Directed by Marisa D. Hebert

See this beloved American holiday classic come to life on stage as a captivating 1940s radio broadcast. With the help of a virtuosic, tight-knit ensemble that embodies a few dozen characters and live foley artistry, the story of idealistic George Bailey unfolds as he considers ending his life one fateful Christmas Eve. This holiday season, join us for a story of hope, faith, and the power of community.



## More Grama News!

# Aubergine

SATURDAY, FEBRUARY 18 2PM ENT CENTER FOR THE ARTS, 5225 N NEVADA AVE COLORADO SPRINGS, CO 80918, 719-255-3232, BOX OFFICE PHONE: 719-255-8181

Korean-American chef, Ray, cares for his dying father but struggles to connect with the man who never understood his life's calling in the kitchen. When his uncle arrives unannounced to cook an unexpected last meal, they share more in food than they ever could in words. This poignant play explores food as nourishment, not only to the body, but also to our individual heritage and shared humanity. Aubergine features both Korean and English dialogue, and will be subtitled accordingly, such that the show can be enjoyed by English or Korean speaking audience members.

### WalkierTalkies

Walkie Talkies Chair: Cheryl Eaton 719-331-5554

Hi, my name is Cheryl Eaton and I chaired a walk/hike group (Walkie/Talkies) last year. We meet every Friday for a moderate 40 to 1 hour adventure. I have a few locations to explore and enjoy the beautiful scenery of Colorado Springs. I will have a sign-up sheet at monthly meetings and I will send out an email on Sunday stating where and what time. Come join in the fun and fellowship.

# In the Heights

Sunday, April 2, 2PM Colorado Springs Fine Arts Center, fac.coloradocollege.edu, 30 W Dale St, (719) 634-5581, fac@coloradocollege.edu

Music and Lyrics by Lin-Manuel Miranda | Book by Quiara Alegría Hudes | Conceived by Lin-Manuel Miranda, Directed by Pirronne Yousefzadeh From the creator and star of Hamilton comes Lin-Manuel

Miranda's first Tony Award-winning musical, a love-letter to the community in upper Manhattan where he still lives. In The Heights tells the universal story of a vibrant community in New York's Washington Heights neighborhood - a place where the coffee from the corner bodega is light and sweet, the windows are always open, and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams, and pressures, where the biggest struggles can be deciding which traditions you take with you, and which ones you leave behind. A Hip Hop musical with a Salsa beat. In The Heights is the winner of the 2008 Tony Awards for Best Musical, Best Score, Best Choreography and Best Orchestrations.

### ufos

### Monday, 1st Monday of the month @1:00

November 7th meeting will be held at the condo of Barbara Nisar

UFOs is a low key group of women who meet to chat and if wanted, bring an unfinished project to work on while chatting.



### Because We Care



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment or the SMALLEST ACT OF CARING, all which have the potential to turn a life around." Leo Buscaglia

Ladies, please remember to contact me when you know or hear about one of our members experiencing a health problem, surgery, hospitalization, death in the family or any other life changing situation. I will then send out the appropriate card on behalf of all our members. In some cases, I will follow up with a phone call to see how things are going and if any help is needed.

Thank you for your support...It is because of all of you and many previous members that we are such a kind and caring group to include this committee in our organization!

# Welcome New Members

New members between September 19th AND October 16,

Cindee Huwe Eleanor McKennan Madelyn McKennan Mary Smith Becky Wetzel Cindy Woodward



## Birthdays

#### **November**

Kathy Love 11/8
Judy Huger 11/8
Lynda DeAngelis 11/11
Linda Ewton 11/11
Janis Miranda 11/13
Susan Jones 11/18
Gini Dugan 11/19
Ann Ries 11/20
Sadie Wagner 11/22
Nancy Price-Weddle 11/26
Dennice Soderberg 11/27
LouAnn McKenzie 11/28
Pat Seetin 11/29
Madelyn McKennan 11/30





# Nurturing yourself

A continuation of navigating and flourishing, with grace, as we age.

#### First Thursday 2-4pm

We cover thought-provoking topics and the sharing of ideas while supporting each other from wherever we are on our path.

PAST TOPICS: Being Fearless, Female Friendships, The Joy of Imperfection, to mention a few.

NOTE: Group participation is currently at full capacity. Participants will receive an email invitation for each meeting. You must RSVP to hold your spot.

Merrily Johnson/ Chair



"You can't really be present for the people in your life if you aren't taking care of yourself." Anonymous

### Ladies govrmet

Happy November to our Gourmet Ladies! This month we will be focusing on recipes developed by the wonderful Ina Garten. All her Barefoot Contessa cookbooks are such a delight. I have them all and everything I have tried is amazing and delicious. Now that autumn is really here, let's cook and bake a marvelous warm and satisfying meal. Please stop by our table at the November general meeting to sign up for our next luncheon on November 16. Bon Appetit!

Marie Ryan and Sharon LeRoy



## Canasta Hand & Foot

2nd & 4th Thursdays 10am-2/3pm

Country Club of Colorado, Gates Grille, below Cheyenne Mountain Resort (downstairs) Chairs: Edna Clark 719-527-1519 and Lu McCoy 719-540-8681

We'll teach you if you are a little rusty or have never played before. So, come join us for a few

hours, get away from your daily routine and make friends! We break for lunch around noon.



Chair: Diane Passno 719-660-0712
Pokeeno is a game very similar to
Bingo. It is fun and very easy to learn.
We meet in the homes of individual members, and after playing several games, enjoy a time of refreshment together. Each player brings a \$5.00 unsigned gift bag to contribute to the prize stash, and also adds \$1 to our cash pot for the "grand prize". If you are interested in playing, please contact Diane.



Mah Jongg continues, thanks to Maria Polelli who will host 2 tables in her home the first Tuesday of each month. Play will begin at 1 pm and continue until about 4 pm. She will provide drinks, or you may BYO. Please sign up at the meeting for this exciting and challenging Chinese tile game. Everyone on the sign-up list will be sent an email with date and time for the next month's play date. Reservations will be accepted on a first-come, first-serve basis.

Chair: Maria Polelli, 719-649-4896 Contact: Lu McCoy, 719-201-6348



# November 2022





Mon	Tue	Wed	Thru	Fri	Sat	Sun
	Mah Jongg 1:00 pm	02 10:00 am Literary Ladies	03 2-4 pm Nurturing Yourself	04	05	06
1:00 pm UFOs	08 1-3:30 pm Decorating Divas	09 9:30 General Meeting Lunch Bunch	10-2ish Canasta Hand and Foot	11	12	13
1:00 pm Pokeno	15	Ladies Gourmet	17 10-12 Reader's Choice	18 6-8:30 Wine & Friend's	19	20
21	22 Let's Get Lit 6:30-8:30	23	24 10-2ish Canasta Hand and Foot	25	26	27
28	29	30				



• Remember to bring donations for Gleaners at each meeting