



SEPT 2024

We meet the second Wednesday of each month (September through May) at 9:30 a.m. at the Broadmoor Community Church, 15 Lake Avenue.

Welcome Back!

As summer quietly transitions into fall, we want to welcome CMNC members back to our monthly meetings and a full slate of engaging activities.

Come celebrate our 40th Anniversary Ruby Jubilee during the first official meeting of the 2024-25 season on Wednesday, September 11. The anniversary committee has lots of fun in store for us, so mark your calendars now and be sure to **see Page 2** of this newsletter for details.

President's Notes

It's another new year for the club, and 2024/2025 already promises to be filled with fun, friendship and some new, interesting programs.

You won't want to miss out on anything, so be sure to renew your membership if you haven't already. Pay by cash or check at the September meeting or avoid the long line and mail your \$40 check (payable to CMNC) to:

CMNC, PO Box 60001, Colorado Springs CO 80960

Unfortunately, Zelle is not available for payments at this time.

We would like to add some new activities to the mix, so if you have any ideas, please let a board member know. Book clubs, hiking groups, or any other particular interests you have. Chances are, there are others who share those interests, and we're always open to new ideas from members.

Here's to another great year with CMNC!!



**There's no place like ...
See page 2!**

EXECUTIVE BOARD

President Pro Tem

Cheryl Eaton 719.331.5554

Vice President

Cheryl Eaton 719.331.5554

Treasurer

Kathy Achenbach 719.761.0878

Secretary

Jamie Rogers 505.507.6979

Activities Director

Kathy Perkins 720.291.0330

Programs Director

Barbara Zarish 719.960.6117

Member Director

Dale Spelman 925.999.0343

Webpage: cmnccos.org

Webmaster

Linda Ewton
webmastercmnc@gmail.com

Newsletter

Elaine Claussen 719.266.0366

This club has a paid membership policy. Prospective members may attend two club functions or meetings before paying their annual dues. Former members must rejoin the club before attending activities and meetings.

Monthly meetings are not held when D-12 schools are delayed or cancelled due to snow or other conditions.



Celebrate CMNC's
40th Anniversary
Ruby Jubilee

Cheers to 40 years of fostering friendships!

- **9:30 a.m. until noon**
- **Activity sign-ups**
- **Refreshments & fun**
- **Brief general meeting**
- **Anniversary cake & coffee**
- **CMNC: Friends, food & fun since 1984**

Join us on Wednesday, Sept. 11, 2024, for a very special CMNC anniversary celebration at the Broadmoor Community Church, 315 Lake Ave.

Rubies are the traditional gemstone for memorable milestones like ours. To honor our 40th Anniversary Ruby Jubilee, wear something in the ruby color spectrum—anything from ruby slippers to an entire ruby ensemble. Be creative and have fun!

Also, this is a great opportunity to invite any potential members who may be interested in joining so they can see what our awesome club is all about.

RSVP via email by Sept 4 at cmnewcomers@gmail.com. Please include your name, prospective members' names, and your "Ruby Number" (the year you first joined CMNC)

September Activities



Urban Walkers

Dates, times,
and locations
TBD

Did you know that this city has all sorts of trails in town that don't require you to climb hills and mountains? Some of them even go past art and cultural displays. Who knew! Who wants to go walking once a week? Let us know if you're interested via email.

cmnewcomers@gmail.com

Ladies Gourmet

3rd Wednesday
of each month
11:30 a.m.

This culinary activity is reinventing itself again this year. Each month, we'll focus on foods from a specific country, perhaps with a cooking lesson or two mixed in for fun. Our first get-together is on **Wednesday, September 18** with Kim Kacewicz as our hostess. Sign-ups will still be held at our monthly meetings with a few changes. There will be two hostess assistants and wine suppliers again, but no specific menus or recipes. You'll sign up for a category, such as entree, salad, dessert, etc., then find or share a recipe from that month's featured country. Be creative! Participants will make enough for eight people so everyone can get a taste. The cost will still be \$20 per member. Please try to keep your spending at or below that amount.

Coordinators:

Kim Kacewicz	281.687.2012
Mary Kervick	719.649.3658

Wine & Friends

3rd Friday of
each month
6-8:30 p.m.

Our next event is on **Friday, September 20**, at the home of Elaine Brush. Email invitations go out around the first of each month, and RSVPs must be made via email to Karen Cacy. Not on our list? Contact Karen or Marie, below, to be added. Couples are welcome and should bring a bottle or wine and an appetizer to share. Singles, please bring your choice of either.

Coordinators:

Karen Cacy	503.246.4286
Marie Poyzer	719.659.3075

UFOs

1st Monday of
each month
1 p.m.

A low-key group of members who like to chat while working on unfinished projects. Sign up to get an email with this month's location.

Coordinator:

Barbara Nisar	719.394.5499
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Sept. Activities, cont'd

Canasta Hand & Foot

2nd and 4th
Thursdays of each
month

10:30 a.m. till
2:30 p.m.

Enjoy this lively, strategic game twice a month at The Country Club of Colorado, 125 E. Clubhouse Drive. We play next to the downstairs Gates Grille in the back room. No RSVP needed; if you're new or need a refresher, please call Karen Vlasak to arrange a lesson prior to the next group date.

Coordinators:

Edna Clark	719.527.1519
Karen Vlasak	719.375.4692
Lu McCoy	719.540.8681

Mah Jongg

1st Tuesday of
the month

1–4 p.m.

This is an exciting and challenging game played with Chinese tiles. Maria Polelli is the chair of this group and also the monthly host; you can find her address in the online member directory or call Lu to sign up for email invitations. *Space is limited*, so be sure to RSVP promptly for either the American or the Chinese table. Reservations are accepted on a first-come, first-served basis.

Coordinator:

Lu McCoy	719.540.8681
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Pokeno

2nd Monday
of the month

1 p.m.

Pokeno is an easy card game like poker. We play at members' homes and each month's hostess determines the number of players she can comfortably accommodate. Participants bring a gift valued at \$8 or more concealed within a paper bag, plus \$2 for the blackout round.

Coordinators:

Tami Dickinson	623.670.8298
Sharon Wallace	719.482.6298

Pickleball

Every Friday

10 a.m.–12 p.m.

Pickleball is the fastest-growing sport in America! Join this new group and see what all the fuss is about...and have a ton of fun! We play indoors (out of the hot sun, cold air, and wind) on brand-new courts at Springs Pickleball, 780 Vondelpark Drive. Try it once and you will be hooked for sure! A paddle, a whiffle-ball thingamajig, and some good, sturdy court shoes, and you're on your way.

NEW Coordinator:

Kathy Houck	505.239.4723
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Sept. Activities, cont'd

Happy Hour Get-Togethers

3rd Monday
of the month
3–4:30 p.m.

Join friends at different breweries for some fun each month! No advance sign-up needed; just show up for a beer and great conversation with your community of CMNC women. (Individuals buy their own food and drinks.)

September 16 @ Colorado Mountain Brewery, 600 S. 21st Street
October 21 @ Bristol Brewery at the Ivywild School
November 18 @ Mash Mechanics on Pikes Peak Ave.

Coordinator:
Peggy Dolinich 719.964.8778

Decorating Divas

2nd Tuesday of
each month
1-3 p.m.

We'll meet on Thursday, September 12, at 11:30, location TBD, where Monica Shea will give us a presentation on current housing trends in Colorado Springs. At the conclusion of the presentation, she will distribute free tickets to the 2024 Parade of Homes! Please bring a sack lunch if you want to eat, as we will begin the homes tour immediately after the presentation. RSVP to MB Shively if you'd like to attend.

Coordinators:
Nancy Price-Weddle 719.332.2644
Mary Beth (MB) Shively 719.527.0612 or 520.631.8522

Gleaners

Outside before
our monthly
CMNC meetings

CPCD (formerly known as Community Partnership for Child Development) is our non-profit for September. Founded in 1987, they originally funded 300 kids in one program. Now, through the Colorado Preschool, Early Head Start and Head Start programs, they serve more than 1,800 children daily in 63 Early Connections Learning Centers across six county school districts and Ft. Carson. Many families benefitting from CPCD have experienced job loss, homelessness and significant family stress, and are considered high-risk families.

REQUESTED DONATIONS: Preschool books for ages 0-5, puzzles, toothbrushes for kids, and Crest toothpaste.

NOTE: We still collect empty pill bottles (minus labels) every month. These are utilized by West Side Cares as containers for personal hygiene products. Please leave your donations in the open trunk of my car before our monthly meetings. It'll be parked just outside the entrance of the buliding.

Coordinator:
Barbara Coons 719.375.3231 or 219.973.9555

Welcome



Look around.

There are a couple of new faces among us since May!

Please welcome our two newest CMNC members:

Barbara Gardner

Tina Potemken



September

Member Birthdays

Penny Loving	9/01	Julia Allen	9/12
Barbara Coons	9/03	Jody Richie	9/12
Sharon Crumpton	9/03	Carole Flint	9/14
Jen Fournier	9/05	Diane Passno	9/17
IsaBelle Rowsey	9/05	Debora Leisenring	9/18
Gabrielle Barone	9/06	Marian Phelps	9/21
Susan King	9/07	Margaret Banning	9/27
Bobbie Alberts	9/08	June Adams	9/29
Lisa Knowles	9/08	Kacie Jerry	9/30



Best wishes,
lovely ladies!

SEPTEMBER

Calendar of Events

SUN DAY	MON DAY	TUES DAY	WEDNES DAY	THURS DAY	FRI DAY	SATUR DAY
1	2 UFOs 1 pm	3 Mah Jongg 1 pm	4 Literary Ladies 10 am	5 Nurturing Yourself 2-4 pm	6 Pickleball 10 am-12 pm	7
8	9 Pokeno 1 pm	10 Decorating Divas 1-3 pm	11 CMNC General Meeting & 40th Anniversary Ruby Jubilee 9:30 am Gleaners: before general meeting	12 Canasta Hand & Foot 10:30 am	13 Pickleball 10 am-12 pm	14
15	16 Happy Hour Get-Together 3-4:30 pm	17	18 Ladies Gourmet 11:30 am	19 Readers Choice 10 am	20 Pickleball 10 am-12 pm Wine & Friends 6-8:30 pm	21
22	23	24 Let's Get Lit 6:30 pm	25	26 Canasta Hand & Foot 10:30 am	27 Pickleball 10 am-12 pm	28
29	30					

Please forgive any errors or typos in this publication. I hope you enjoy it!
 — Your newsletter editor, Elaine Claussen